



Welcome to the
TAMAHERE VISTA
March 2019



Welcome to the March issue of our village newsletter. I would like to thank all those people who have supported this publication – especially those of you who have taken the time to contribute articles, information and jokes (*how I love the jokes!*)

Just a reminder though that in order to get everything together I need to have your contributions by the 20th of the month so that the newsletter can be compiled, printed and distributed before the new month begins. It can be quite a job squeezing something in when the document has already been formatted. However, if something urgent crops up rest assured I will try to include it if I can – just give me a call.



We farewelled Nikita (our Rehab Therapist) at a baby shower morning tea last week prior to her leaving on 12 months' maternity leave. We wish her well. At the time it was my understanding that the existing classes shown on the calendar would continue to take place at the usual times.



Please note, however, that there may be some changes to the times shown on the last page of this newsletter as I was not aware of the flyer Nikita had put out, which read as follows:

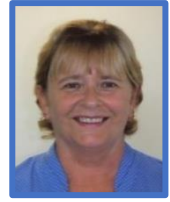
“I am still unaware of when the new rehab therapist will be starting. However, I have had the pleasure of meeting with her and she seems a lovely lady with lots of knowledge and experience. I would just like to point out that the classes and hydrotherapy may not be running for the next few weeks, giving her some time to find her feet. Sorry for the inconvenience, however it does not mean that you should stop keeping active. Perhaps the classes could be performed together as one big group....?”

The inaugural meeting of the Village Garden Club was held on Wednesday 20th February. This will be an informal, friendly group meeting at 1.30 pm on the third Wednesday of the month in the library.

The group is looking for someone to take on the role of co-ordinator, so if you are interested in this, and/or being part of the group, please contact Ellen in the first instance. Some of the things planned to be included in these get-togethers are to share information, problem solving, invite specialist guest speakers and visit gardens of interest.

Jean Robertson, Editor

Ellen's Column



Hi Everybody

We certainly can't complain about summer this year. In fact, a few weekends ago I even got into Lake Taupo for a swim because I was so desperate to cool down. It was so nice. Usually I am a bit of a chicken when it comes to cold water. Would be nice if we could get a bit of rain in the evenings though, for the poor parched lawns and gardens.

Happenings in March

Thurs 7 th	10.00 Alpaca Farm visit
Wed 13 th	2.30 Hearing New Zealand Talk/CC
Friday 15 th	St Patrick's Day Celebrations. More information to follow
Mon 18 th	10.30 I-pad class/cc
Thurs 21 st	Rose-Lyn fashions will set up in café from 10.00 – 2.30
Mon 25 th	10.00 Operatunity Concert – Phantom to Les Mis. Activate Church
Friday 29 th	3.30 Happy Hour

I will be away in Wellington from the 19th to the 26th March

Remember: Optimism is a happiness magnet. If you stay positive, good things and good people will be drawn to you. Have a great month.

Ellen Sturzaker

FROM THE CHAPLAINS' DESK



At the time of writing this (20 February), the early mornings and evenings seem to be cooling down at long last – what a relief! We can't say that we haven't had a good summer this year. But it's come at a price, hasn't it? The lack of rain has resulted in some terrible bush fires and the land is very dry – what was green grass not too long ago is now scorched and brown. It's a reminder of how dependent we are on rain.



Spiritually, we can also become very dry - those times when God seems far away. Fortunately, the Lord is in the business of restoring relationships and bringing refreshment to our thirsty souls. He satisfies our thirst with living water. We see this in the many scriptures throughout the Bible that speaks of our spiritual restoration. The following verses are but a small sample of God's many wonderful promises of restoration and refreshment:

*The Lord will guide you always; he will satisfy your needs
in a sun-scorched land...you will be like a well-watered garden,
like a spring whose waters never fail (Isaiah 58:11).*

*The Lord is my shepherd, I lack nothing.
He makes me lie down in green pastures,
he leads me beside quiet waters,
he refreshes my soul (Psalm 23:1-3)*

May the Lord soon bring us the rains of refreshment that we need. Wishing you God's blessings

Clive

VILLAGE MANAGER'S COLUMN

Quote: "Happiness is letting go of what you think your life is supposed to look like and celebrating it for everything it is." (*Mandy Hale*)



Villas:

37 Sold - Ian & Marjory Bramwell will be moving in on 4th March
7 Under Contract
88 Under Negotiation
73 & 31 Being Renovated

In both Tamahere and Thames we had 12 ORA's in the process of being handed back to us this year and this is right on our average.

Café:

Our new barista has started and her name is Danielle Baker. She comes to us with experience in catering and barista work. Donnelle Wharer has come back full time after some time off with her daughter. Please welcome the team to the café.

Serenity has taken up a role at Assisi in the kitchen.

THAT'S ALL THIS TIME FOLKS!

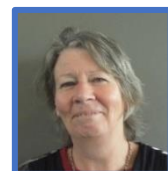
David McGeorge

Hospital regulations require a wheelchair for patients being discharged. However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn't need my help to leave the hospital.

After a chat about rules being rules, he reluctantly let me wheel him to the elevator. On the way down I asked him if his wife was meeting him. "I don't know," he replied, "she's still upstairs in the bathroom changing out of her hospital gown".

A couple of things from Debbie

New World Shopping on Wednesdays - Due to increasing numbers going in the van to New World, please make sure you have booked to go so that Kay, our van driver, can organise her run. To do this:



- Please ring Lynn at Reception by Tuesday and if no reply, leave a message

Don't forget that there is still the option of having your order delivered:

- Your order will be faxed to New World at 2.30 pm on Tuesdays, so orders need to be given to Lynn before then
- Orders will be delivered to your villa on Wednesday afternoon.

Bingo – This will start again on Thursday 7th March at 1.30 in the library. If anyone in the village is keen to call Bingo, please contact myself or Ellen. Hopefully we can get a roster of people so that this can be shared around.

Debbie Crouch, Village Nurse

LIBRARY BOOKS

Waikato District Council Library staff were here on Monday 11th February to collect and re-stock our book supplies. Unfortunately, it was found that 8 of their books were missing and 3 of the books were damaged. We will not be charged for the damaged books on this occasion but if this occurs in the future there will be a charge.



The four books still missing are "Beneath Outback Skies", "State of Emergency", "The Eyes of Texas" and "Their Christmas Family Miracle". If anyone has any of these books at home please return them to the office in the Centre (Ellen and Debbie) as soon as possible.

It is important that we maintain a good relationship with the WDC Library as they are going out of their way to ensure that we have a good variety of reading material available to you all. If you have any questions about how the borrowing system works, please talk to either Ellen or Debbie.

Ellen Sturzaker

LENT AT ATAWHAI ASSISI HOME AND HOSPITAL

I don't blame you if you think my theme of Lent is ridiculously early since Shrove Tuesday and Ash Wednesday don't arrive until next week! I am overly prepared it seems but let's be honest, when did the first packet of hot cross buns, let alone Easter Eggs, arrive on the shelves in our supermarkets? The day after Boxing Day? Clearly no one has explained anything about the season of Lent to the advertising and retail communities. Or maybe they did and it didn't fit with efforts to grow their sales figures!



The first time I heard the term "Lent" used was many, many years ago when I had just begun attending services at a nearby Anglican church. I didn't have the faintest idea what the word meant, other than referring to something I had loaned or been loaned. So I asked people around me what it meant. It means giving something up said one person. It means attending a weekly Bible study group said another. It means changing things said the last person.

All these answers were correct but a little incomplete. Thankfully, others have helped clarify things. Sister Joan Chittister said, "Lent is about becoming, doing, and changing, whatever it is that is blocking the fullness of life in us right now." Craig Higgins said Lent is a time for focusing on the heart, a time for asking questions about our spiritual health". And Pope Francis said, "Lent comes providentially to reawaken us, to shake us from our lethargy."

It seems everyone agrees Lent is a time of intentional soul searching, a time of reflection, learning, deciding and acting, to ensure we are experiencing the fullness of life God wishes to share with us.

Just as we need someone to help us understand Lent, we may also need help to understand aesthetic spirituality. Having less and doing less, isn't about needing to be chastised or disciplined. Rather it is about being set free from anything which comes between us and our ability to receive the love God desires to share with us.

When Francis took Lady Poverty to be his bride it wasn't to punish himself or cause himself to suffer. For Francis, the simplicity he embraced was an act of liberation. How often do we use other things, activities, or even people to try and meet the deep, spiritual hunger we are experiencing when all we really need to do is set them aside, open our arms and our hearts, and invite God to fill us anew.



We are reminded of God's love and grace for each of us every time we enter the chapel here at Atawhai Assisi and look upon the Heart of Mercy symbol. The koru and the cross invite us to change our world by being transformed ourselves. Our Creator has no desire to see us suffer. Love is the one power that can make sense of suffering, even death itself. "The only return required of us for all God's favours," says Catherine McAuley,

"is the return of love."

This symbol of love and life invites us to gaze upon the world through God's heart of mercy. As we prepare to journey through Lent, I pray you may gaze upon **yourself** through God's heart of mercy, and experience anew the power of love at work within. Grace and peace to you to you all.

Sandy Neal (Chaplain)

An Ash Wednesday Service will be held in the Wesley Chapel on 6th February 2019 at 11.00 am



VISION IMPAIRED SUPPORT GROUP

Our next meeting will be held on Tuesday, 26th March at 1.30 pm in the library at the Community Centre. All are welcome and for more information please phone **Kath Nielsen on 846 2324.**



CHOIR REPORT



It's amazing how time flies when you are having fun – we must be having a lot of fun because January and February seem to have evaporated!

Our village choir has made a great start to the year. We have learnt all the new songs and are preparing to start on polishing them up for presentation at our two concerts.

Please remember to mark the dates in your diary to come and enjoy singing along with us:

THURSDAY 28TH MARCH AT 1.30 IN THE CHAPEL

TUESDAY 2ND APRIL AT 2.00 IN THE CAFÉ (Note the later start time to allow the café to provide people with their lunch)

Ann Bunney for the Choir



PETANQUE

As you can see from the photo, petanque is well attended and there is quite a competition amongst the players. The improvement over the time we have been playing has been very pleasing. Many thanks to my helpers. If you would like to join us, we meet on Saturday mornings at 10.00 am.

Contact Mollie Lear on 854 0778 for further details

A woman who is 3 months pregnant falls into a deep coma. Six months later she awakes and asks the doctor about her baby:

Doctor: You had twins, a boy and a girl and they are both fine. Luckily your brother named them for you.

Woman: Oh no, not my brother! He's an idiot! What did he name the girl?

Doctor: Denise.

Woman: Well that isn't so bad. And what did he call the boy?

Doctor: Denephew!

Have you ever wondered what happened to Dennis the Menace as he aged? Well look no further:



PLEASE CAN YOU HELP OUR VOLUNTEER DELIVERERS?

These are the residents who assist with delivering things like newspapers, mail, flyers and newsletters.

Some of us deliver on foot, and this is not a problem. But for the people who use scooters and the golf buggy, it is often difficult to get to some of the letterboxes because of items placed in the way, such as rubbish bags, recycling bins and garden waste.



We know you need to place these items outside, but if you could think about the access needed for driving up to the letterboxes when placing items outside, it would be really helpful and save a lot of reversing and manoeuvring. Many thanks.

Editor

My Favourite Animal

Our teacher asked what my favourite animal was and I said "Fried Chicken". She said I wasn't funny, but she couldn't have been right, because everyone else laughed.

My parents told me to always tell the truth. I did. Fried chicken is my favourite animal.

I told my dad what happened and he said my teacher was probably a member of the SPCA. He said they love animals very much. I do, too. Especially chicken, pork and beef.

Anyway, my teacher sent me to the principal's office.

I told him what happened, and he laughed, too. Then he told me not to do it again.

The next day in class my teacher asked me what my favourite live animal was. I told her it was chicken. She asked me why, so I told her it was because you could make them into fried chicken.

She sent me back to the principal's office. He laughed, and told me not to do it again.

I don't understand. My parents taught me to be honest, but my teacher doesn't like it when I am.

Today, my teacher asked me to tell her what favourite military person I admired most.

I told her it was Colonel Sanders.

Guess where I am now??????

THE DAHLIA GARDEN

We have been invited to enter the Late Dahlia Show to be held on Sunday 10th March if we have sufficient blooms ready. Because of this, residents are asked to please refrain from picking dahlias between now and then.



Tamahere Residents' Committee Chairperson's Report

New Residents were recently welcomed into the community with a lovely afternoon tea in the Community Centre Library. These occasions are always enjoyable and helpful as we get to know one another and also ensure any uncertainties, questions or needs are addressed. Along with members of our committee were new residents Teneke Verkade, Hilary Simpson, Bruce and Marilyn Riddell.

Summer Barbecues have finally drawn to a close after a very successful season of food, fellowship and fun each time we gathered. Special thanks go to the Social Group who helped arrange these extra special summer events and to our two chefs who ensured we were all well fed – with nary a burnt sausage to be seen.



Scooter Club was once again a time for fun and laughter as we gathered on our obstacle course with new residents joining us for the first time. Mark and Meg were unable to be with us this month and we look forward to their return in March. However, we still managed to set a challenging course that provided much entertainment for both those accepting the challenge and those cheering from the sidelines. As always we won't break confidentiality, but will mention Carole who received the special award of a passion fruit for her creative abilities which shone as she straddled the ramp unable to move either forwards or backwards. Our next meeting will be on Saturday 10th March at 2pm under the ginkgo tree beside the bowling green. Everyone is always welcome to join us for some fun and the food and fellowship time afterwards.



Hospital Update Our CEO, Louis Fick, provided us with a power point seminar in the Community Centre regarding progress to date on this building project. Unlike our roading experiences to date, this project is actually ahead of schedule and there are no 'bridges to nowhere' to be seen. It was a very enlightening presentation and very much appreciated by the very large number of people who attended.

Garden Watering A big thank you to our Village Manager, David McGeorge, who has helped us get through a very long, dry patch this summer without having to put water restrictions in place. David was very grateful to all those residents who voluntarily reduced their water usage and kept to handheld hoses etc wherever possible. Well done everyone.



Don't forget our AGM! This will be held on Wednesday 24th April in the Community Centre starting with refreshments at 10am and the meeting at 10:30am. Everyone is encouraged to come and celebrate all we have been and achieved together as a community over the past year and finalise the formation of the committee for the year ahead. All reports will be available from Friday 22nd March onwards and nominations must be in by Wednesday 17th April. Further information will be following in the next Vista.



Inter-Village Quiz Our next big event will be held at Hilda Ross Retirement Village on Monday 11th March at 1:30pm. We have two teams entered and we know which team will win the chocolate fish again!!

Annual Day Out This year your committee arranged for another bus trip which this time took us to Rotorua. The day began with a lovely drive to the Mamaku Blue Cafe where we worked hard to eat the huge blueberry muffins provided for morning tea and listened to some of the history behind this thriving business. Another drive took us to the Redwoods where we were able to dodge the light drizzle of rain and enjoy some walking and some shopping. The beauty of these trees (some planted in 1901) and the sculptures at the entrance were very inspiring in different ways. On to the bus again and this time we arrived at the Citizens' Club where we enjoyed a two course lunch and cuppa before a short tiki tour taking in the lake, the museum (closed for renovations) and the Blue Baths before wending our way home again. Many thanks to our bus drive, Rhys, our community nurse, Debbie, our committee members and all those who helped on the day. It was extra special to have friends from Assisi join us for the day.



Colin Neal

A doctor and engineer loved the same girl.
The doctor used to give her a rose every day.
The engineer used to give the girl an apple every day.
The girl got confused and asked the engineer, "I know there is a meaning about giving a girl a rose, but why are you giving me an apple?"
"Because", the engineer said, "an apple a day keeps the doctor away".

We will always be friends
until we're old and senile.
Then we can be new
friends



Tamahere Retirement Village – Calendar of Events for March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
C=Chapel, CC=Community Centre, cc=Small Lounge in CC, SW=Susanna Wesley Room, ACR=Activities Room, AC=Assisi Chapel, CwC=Coffee & chat with Chaplains, MC&C= Men's Coffee & Chat					1 10.00 Knit & Knatter/cc 10.30 Catholic Mass/C	2 10.00 Petanque 6.30 Movie in RH Lounge
3 <u>SUNDAY ROAST</u> 4.00 Chapel Service led by Rev Clive Thomson	4 9.15 Strength & Bal/CC 10.30 Sit & Be Fit/CC 1.00 Games etc/CC 1.30 Danny Savage/C 2.55 Choir Practice/C	5 9.00 Lawn Bowls 10.00 Chartwell/Short 11.00 Bible Convsn/SW	6 9.15 Strength & Bal/CC 10.00 New World 10.30 MensC&C/cc 11.00 Ash Wed Service/C 7.00 Snooker	7 9.00 Lawn Bowls 9.45 Swimming Pool 10.00 Alpaca Farm visit 1.30 Bingo/cc	8 9.15 Tai Chi/CC 10.00 Knit & Knatter/cc 1.30 Vocal Duo/C	9 10.00 Petanque 10.30 Catholic Commn/C 2.00 Scooter Club 6.30 Movie in RH Lounge
10 <u>SUNDAY ROAST</u> 4.00 Chapel Service led by Lyn Pinkerton	11 9.15 Strength & Bal/CC 10.30 Sit & Be Fit/CC 1.00 Games etc/CC 1.30 Glen Carley 2.00 Inter Village Quiz at Hilda Ross* (see below) 2.55 Choir Practice/C	12 9.00 Lawn Bowls 10.00 Chartwell/Long 11.00 Bible Convsn/SW	13 9.15 Strength & Bal 10.00 New World 10.30 C&CwC/cc 1.30 Margaret Love/C 2.30 Hearing NZ/CC 7.00 Snooker	14 9.00 Lawn Bowls 9.45 Swimming Pool 1.30 Bingo/cc	15 <u>ST PATRICK'S DAY</u> 9.15 Tai Chi/CC 10.00 Knit & Knatter/cc 10.30 Peter King/C	16 10.00 Petanque 6.30 Movie in RH Lounge
17 <u>SUNDAY ROAST</u> 4.00 Chapel Service led by Tony Westcott	18 9.15 Strength & Bal/CC 10.30 Sit & Be Fit/CC 10.30 I-Pad Class/cc 1.00 Games etc/CC 1.30 Louise Henry/C 2.55 Choir Practice/C	19 9.00 Lawn Bowls 10.00 Chartwell/Short 11.00 Bible Convsn/SW 1.30 Entertainers/C	20 11.00 Holy Commn/C 1.30 Garden Club/cc	21 9.00 Lawn Bowls 9.45 Swimming Pool 10-2.30 Rose Lyn/CC 1.30 2's Company/ActRm 1.30 Bingo/cc	22 9.15 Tai Chi/CC 10.00 Knit & Knatter/cc	23 10.00 Petanque 10.30 Catholic Commn/C 6.30 Movie in RH Lounge
24 <u>SUNDAY ROAST</u> 4.00 Chapel Service led by Rev Dr Susan Thompson	25 9.15 Strength & Bal/CC 10.00 Operatunity 10.30 Sit & Be Fit/CC 1.00 Games etc/CC 1.30 Big John/C 2.55 Choir Practice/C	26 9.00 Lawn Bowls 10.00 Chartwell/Long 11.00 Bible Convsn/SW 1.30 Vision Impaired/cc	27 9.15 Strength & Bal/CC 10.00 New World 10.30 C&CwC/cc 1.30 Pentagon Childrn/C 7.00 Snooker	28 9.00 Lawn Bowls 9.45 Swimming Pool 1.30 Tamahere Choir/C 3.00 Book Group/cc	29 9.15 Tai Chi/CC 10.00 Knit & Knatter 1.30 Laurie & Piri/C 3.30 Happy Hour/CC	30 10.00 Petanque 6.30 Movie in RH Lounge
31 <u>SUNDAY ROAST</u> 4.00 Chapel Service led By Rev Barry Neal	*Inter Village Quiz: We will be taking 2 teams of contestants from here and need to be at Hilda Ross by 1.30pm for a prompt 2.00pm start.					