



Welcome to the  
**TAMAHERE VISTA**  
November 2018



For those of us who were fortunate enough to attend the Volunteers Lunch last month, what a great event this was. Our catering staff put on a wonderful meal – in fact, many of the people attending thought it created a new benchmark in the village meals we have had. Thank you to everyone involved.

Some of our residents who had not been to a Volunteers Lunch at Tamahere before were somewhat puzzled by the number of people from both within and outside the village who they didn't know generously volunteer their time. Without these people, significant costs would be incurred which, in turn, would be reflected in our fees. Here are just a few of the areas in which people give their time to us and who are acknowledged on these occasions:

**Chapel services and lay ministry  
Newspaper and mail deliverers**

**Music to accompany services  
Unpaid entertainers**

There is a difference between activities that we choose to be involved in for our own pleasure (for example - gardening, choir, feeding ducks, bowling and so on), compared to the above.

Our thanks go to management for choosing to acknowledge the volunteers in this special way and to Louis for the photo below taken at the lunch.



**Christmas Day Lunch** – There will again be a lunch organised in the Community Centre this year for those people in the village who will be here on Christmas Day and would like to join together. The cost will be \$25.00 per person. Please ring me on 856 9269 or email [jeanzemail@gmail.com](mailto:jeanzemail@gmail.com) if you would like to make a booking or for any further information.



**Email Scam** – There is currently a fake email going around where the scammer falsely claims to have hacked into the person's device and threatens to release all their personal contacts unless the victim pays them a sum of money. I am aware of one of our residents who has already received one of these emails.

The scary part of this email is that it is well written and all the grammar is correct and sounds convincing, unlike previous scams. It also seems to have targeted "xtra" email addresses through one of the numerous data leaks that have occurred.

If you should receive one of these emails, the advice from Netsafe is not to respond and to immediately change your password on any online accounts which you think could have been breached. Delete the scam email and mark it as spam so that your email filter removes it from your inbox. There is a copy of a Netsafe leaflet giving advice on the noticeboard in the main foyer of the Community Centre which has further information which you may find helpful.

**Telephone Directories** – New Yellow Pages will begin delivery in the Waikato from 23<sup>rd</sup> November and apparently if you require the White Pages you need to request them by either ringing 0800 031103 or visiting [ypbooks.co.nz](http://ypbooks.co.nz).

**Mosaic Choir** – This wonderful choir will be singing here on Saturday 3<sup>rd</sup> November at 2.00 pm in the chapel and this is something you won't want to miss.

*Jean Robertson, Editor*

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### **ELLEN'S COLUMN**

Hi everyone,

Another month gone, another month closer to Christmas, my favourite time of the year. My new garden is growing well with all the lovely warm weather we had in October. Now to wait for my vegetables to grow.



Walking around the village it is so lovely to see everyone's colourful gardens. A lot of inspiration for my garden has come from your gardens, so thank you for all the advice and handy hints.

### **Happenings in November**

- |                                    |  |
|------------------------------------|--|
| Fri 2 <sup>nd</sup> Nov @ 10.00    | Outing to Donovan's Chocolate Café   |
| Tues 6 <sup>th</sup> Nov @ 3.00    | Melbourne Cup Fever in CC. More details to follow  |
| Thurs 8 <sup>th</sup> Nov @ 11.00  | Life Unlimited Spring Roadshow in Café Carpark   |
| Tues 13 <sup>th</sup> Nov @ 2.30   | Aaron from trikes @ avantidrome will be here with a selection of trikes for you to try, and to have some fun |
| Thurs 15 <sup>th</sup> Nov @ 10.00 | A visit out to the New Road information site   |
| Mon 19 <sup>th</sup> Nov @ 10.30   | I pad class with Elaine in small lounge  |

Fri 23<sup>rd</sup> Nov                    AOK clothing are here, in the Café between 10.00 – 2.00  
Fri 30<sup>th</sup> Nov @ 3.30        Happy Hour, the last for the year

I will also try to fit in a trip out to the strawberry/ice cream place at some stage during the month.

And remember: *Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.* (Thomas A Edison)

Ellen Sturzaker

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### NEWS FROM THE SOCIAL GROUP



Don't forget that on **Thursday 1<sup>st</sup> November at 10.00 am** we have a Quilling demonstration and workshop in the Community Centre. This is an art form that involves the use of strips of paper that are rolled, shaped and glued together to create decorative designs. **AND.....**



**Sunday 18<sup>th</sup> November at 7.00 pm** is our "Try It Out Night" (or "Show Us How Night"). This will start with a cuppa, then we will enjoy an indoor games night with Indoor Bowls, Snooker, Cards, Bananagram, and anything else we can come up with.

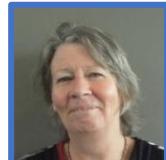
Why not try your hand at something new and relax with friends for a few laughs. The usual \$1 cover charge applies.

Helen Painting, Social Activities Group

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### AND NOW FROM OUR VILLAGE NURSE

#### **November Happy Hour**



You may have noticed the new growth around the village, and I don't mean in the gardens. Some of the men are supporting "MOVEMBER" by growing a moustache. This is to raise money for the Movember Foundation, which in turn raises the awareness of men's health issues. Judging of this will take place at November Happy Hour and will be done by "people's choice". Please bring your donations along and vote for your favourite "Mo". All donations to the Movember Foundation.

#### **Also at the November Happy Hour**

The Watties rep will be here to display a range of their products for sale/order. These will include sauces, glazes, chutneys and more. There will be samples galore to taste to accompany titbits supplied by our kitchen. Purchases are available on the day or orders can be taken.

**Think CHRISTMAS!**

Debbie Crouch, Village Nurse

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**LAWYER:** Doctor, before you performed the autopsy, did you check for a pulse?  
**WITNESS:** No.  
**LAWYER:** Did you check for blood pressure?      **WITNESS:** No.  
**LAWYER:** Did you check for breathing?      **WITNESS:** No.  
**LAWYER:** So then, it is possible that the patient was alive when you began the autopsy?      **WITNESS:** No.  
**LAWYER:** How can you be so sure, Doctor?  
**WITNESS:** Because his brain was sitting on my desk in a jar.



### FROM THE CHAPLAINS' DESK

#### Life is for Living



It wasn't long ago when it felt that winter might drag on forever; that we might never see the sun again! But spring has well and truly arrived.

There is no experience from which you can't learn something. When you stop learning, you stop living in any vital and meaningful sense. The purpose of life, after all, is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experiences.

Many times the only way we can find out what it is possible for us to do is by finding out what is not possible – in other words, by making mistakes. It is always heart-warming for me to see residents out in the community at Tamahere Eventide village taking on challenges whether it be bowls, struggling to understand a knitting pattern, being a team member at a quiz or the myriad of different entertaining happenings that take place.

Now with the warmer weather upon us let us all take part in something to challenge us and get us into the company of other people.

Every day and every hour is a new beginning with God. It makes no difference what the past has contained of failure or success, the present and the future are all with which we need be concerned.

Carol



### BOWLS REPORT

We had a record attendance at bowls on 16<sup>th</sup> October – 19 players! That was great to see. It must be the lovely sunny days which are flushing us all out of our villas. If sunny days continue, we look forward to good attendance and plenty of competition.

Our sincere sympathy goes to Laney de Lange on the loss of Willem. Both have been a part of our bowling group.

Helen Periam

## OUR GARDENERS

Our three gardeners are doing a wonderful job, which can be appreciated by everyone who comes into the village. Vicky has been with us for approximately 18 months and enjoys gardening. She is a dedicated mum and comes from a farming background, including horse training and lots of outdoor stuff.



Vicky has seen a number of changes in her time with us and enjoys the way the residents personalize their gardens and how they are slowly evolving.



Grant has been with us for about four months and says he should have done this 30 years ago! He can be seen happily mowing, feeding the grass and generally helping out as required.

Grant has been a truck driver for many years as well as being a green keeper. He moved to the Waikato when he was 16 and worked on the Cambridge Golf Course. He was involved in transport and security whilst in the army. Grant has chauffeured a number of dignitaries, including Rob Muldoon and David Lange.



Jacob is the youngest and most recently appointed gardener of the team and has also been a truck driver in the past. He also enjoys being here in the village but his long-term goal is to work for himself – possibly with a gardening crew.

Some general comments from the gardeners include:

- A number of the residents would like more to do and it may be helpful for them to work beside the gardeners
- How about having our own village gardening club?
- The gardeners appreciate requests for work being booked in through reception rather than being given to them while they are working
- It would be helpful for them if plastic containers could be squashed down before being put out as rubbish



## VILLAGE MANAGER'S COLUMN

### Spring Advice:

“What if, instead of thinking about solving your whole life, you just think about additional good things one at a time. Just let your pile of good things grow.” (Anon)

**Site Works** - You will have noticed the construction work at the front of the property has now created a concrete path. Once this is finished the construction fence will be moved back close to the old car parking area and the soil grassed. I appreciate that this area that we are building on was used by many of you for your daily walk and I hope the pathway going in will make this easier.

The builders will also be constructing a ramp up to the old front door of the rest home, which should give easier access from that side of the property.

**Water** – As you will know, we have a bore water supply for the village which is supplemented with town supply water on a trickle feed. Darcy and the contractors have been working hard on the problem that has been caused by sand coming up from the bore and blocking filters. This month we have put a new filter in that allows Darcy to have a simple way of clearing the filter system to keep the water running.



As I have said before, our aim this year is to extend the amount of time that we can continue to water our gardens as the heat of summer kicks in. It looks like we are going to have a dry summer and I will come back to you with water restrictions if these are necessary. All I ask is that as you water your garden, please consider that there is a finite supply and self-rationing by everybody will mean that we all benefit in the long run.



**Cherry Lane** - At the AGM an item of concern was raised about the amount of traffic in Cherry Lane and comments about the speed that some of our staff were driving at. I have sent a notice out to all staff asking them to watch their speed along what is a very windy narrow road. I will consistently continue with messages to staff until we get our entranceway off the state highway back again, but would appreciate if residents reported any bad driving that they see directly to me.

David McGeorge

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### CHOIR REPORT

Practices are well underway for our end of year concerts:

Thursday 29<sup>th</sup> November at 1.30 in the Chapel  
Tuesday 4<sup>th</sup> December in the Café



Please come and support our village choir for the concerts and bring a friend. There will be opportunities in the programme for audience participation and you will enjoy seeing our guest actors in action.

Ann Bunney, for the Choir

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LAWYER: Could you see him from where you were standing?

WITNESS: I could see his head.      LAWYER: And where was his head?

WITNESS: Just above his shoulders.

LAWYER: What is your date of birth? WITNESS: July 18th

LAWYER: What year?                                    WITNESS: Every year.



## **NEWS FROM SANDY AT ATAWHAI ASSASI HOME & HOSPITAL**

Last month we celebrated the anniversary of the Mercy Sisters and their ministries throughout the world; including our own Sisters here at Atawhai Assisi, Jocelyn and Paulinus. The special Mercy Sisters charism is expressed in countless ways through their presence and ministry in our midst.

This month we commemorate St Francis of Assisi. Francis was born in Assisi about 1182AD. The son of a wealthy cloth merchant, he was popular with the young in crowd' of the town, leading a life of privilege, wealth, parties, dance and song. He and his father dreamed he would one day become a "knight"; win a war and maybe a lady's heart.



Instead, while fighting against the neighbouring town of Perugia he was captured and spent a year in prison during which he found himself reflecting on his life. A second attempt to follow the dream of knighthood led Francis to a profound spiritual experience as he knelt in the small church of San Damiano and prayed before the crucifix for guidance.

Francis heard Christ asking him to "rebuild my church" to which Francis responded with passion and joy. After restoring several churches he heard a sermon based on Matthew's gospel, chapter 10 verses 7 to 10. From that moment on, his life, and the life of the world, were forever changed.

Throughout the centuries since then, countless others have chosen to follow in Francis' footsteps, living lives of simplicity, humility, joy and love. In 1884, one such group of three Third Order Secular Franciscans founded the congregation who would later become known as the Franciscan Missionaries of the Divine Motherhood (1947). Their fire and passion for mission drew others to join them under the leadership of Mother Francis Spring and today their ground breaking work is reflected in countries throughout the world.

In 1969 two Sisters arrived in Aotearoa New Zealand from England. They came at the invitation of Bishop Liston of Auckland to plan for the building of a Catholic home and hospital for the elderly. Assisi home was opened in 1971 and the hospital in 1973. In 1994 the Sisters left New Zealand to continue their work in other missions and the Sisters of Mercy took over stewardship of what is now known as Atawhai Assisi.

People like Francis who are willing to step out in faith, step outside the norms set for us by society, are able to shine like bright, burning torches when the world seems to be filled with darkness. Francis lived among the beggars and the lepers because that was where the need was greatest. The Franciscan Missionaries of the Divine Motherhood, the Sisters of Mercy, and our own Tamahere Eventide Board and teams all share that call to be where the need is great; a commitment we celebrate and for which we give thanks.

**Rev Sandy Neal TSSF**

## LET'S PLAY PETANQUE!

Following on from last month's suggestion for a petanque group to be established in the village, it is now proposed to start this up on Saturday morning 10<sup>th</sup> November at 10.00 am, weather permitting.

Please come along and join us and give it a try. It's a fun game, there is no bending and the petanque boules will be provided.



**If you would like any further information, please contact Mollie Lear on 854 0778**

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### **The Vision Impaired Support Group**

Numbers at the September meeting were depleted due to many members being unwell. However, we had a very interesting meeting. In the absence of Margaret Love, who brings with her a delicious afternoon tea for each meeting, Gladys Button kindly baked a tasty date loaf which was enjoyed by all.

Ellen, our Village Activities Facilitator, joined us and led a discussion about Charles Bonnet Syndrome (CBS). "Never heard of it," I hear you say. Well, neither had we, except for Kath Nielsen, who had gathered information from the Blind Foundation. It is a condition that affects some people with serious sight loss.

It causes people to see things which are not there. This can be very frightening. Some people who have vision impairment may worry that 'seeing things' may be a sign of mental health problems or dementia. They may be so worried about this that they don't tell their GPs, family or friends what is happening. It is important to realise that CBS is caused by failing eyesight and not any other health problems. Usually people with CBS are aware that their hallucinations, although vivid, are not real. We are planning to continue discussion on this topic at another meeting when more members are able to be there.

Our next meeting will be held on November 27<sup>th</sup> at 1.30pm in the library at the Community Centre. If you have any sight impairment, you would be most welcome to join us. Please ring Kath Nielsen if you would like to know more.

**Kath Nielsen, Phone 846 2324**

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Paddy says to Murphy, "what ya talking into an envelope for?"  
Murphy replies, "I'm sending a voice mail you thick head".

Paddy and his wife are lying in bed listening to the next door neighbour's dog which has been in the back yard barking for hours and hours. Paddy jumps out of bed and says, "I've had enough of this", and he goes downstairs. Paddy finally comes back up to bed and his wife says, "the dog is still barking, what have you been doing?"

Paddy says, "I put the dog in our backyard, let's see how they .... like it".



### Meet Renata

If you have been in the café recently, you will have met Renata, our barista and waitress. Renata and I spent some time together the other day so that we could all learn a bit about her.

Renata and her boyfriend came to New Zealand from San Paulo in Brazil ten years ago to study and learn English by travelling and working here. Somehow the time got away on them and in that ten years they have married and have a five-year-old daughter. Her daughter is now at school and is very happy there. The family plan to stay in New Zealand permanently and have gained residency here.

Renata has been in the village for four months and enjoys working here. She currently does a four-day shift of four on and four off. Her first job in New Zealand was as a kitchen hand, then she worked her way up and learnt to be a barista.

She says she likes her customers and that they are very understanding when the café gets really busy!

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### WHAT A SMALL WORLD WE LIVE IN!

This picture was taken in Port Albert in the Kaipara Harbour in 1938 and shows two of our current Tamahere Village residents - not that you could recognize them from this photo! The current Rev Barry Neal (villa 27) is being held by Laura Bennett (villa 51). Laura was 16 years old, while Barry was 6 months.

Port Albert was a small settlement with a village store known as Bennett's. John Shepherd, one of the first settlers, had taken over the Community Co-operative Store in 1862. (As a matter of interest, he was an ancestor of Trevor Shepherd, who was a previous resident in our village and who many of you will remember.)



Later on George Bennett married John Shepherd's daughter, which was when it became Bennett's store. George Bennett had four sons, who continued in the business. One of these sons married Laura Bennett, as we know her now.

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*The Limerick Laird has struck  
again!*

The blossoms all fled in the night  
And with them our daily delight;  
So now we're bereft,  
What beauty is left?  
At least we've a Construction Site!

*(Keep them coming Len)*

**SENILITY AIN'T BAD**  
I wrap my own Christmas presents.  
I never watch reruns. I can hide my own  
Easter eggs and I get to meet new  
people everyday.



www.cafepress.com/GeezerShop



### SOME MORE NEWS FROM DEBBIE!

**Come along to our Melbourne Cup Extravaganza  
Tuesday 6<sup>th</sup> November in the Community Centre at 3.00 pm**

**Cheer on Tamahere's prestigious Cup winning jockeys as they vie for first past the post**

**Hat Competition - Remember the hats we used to make from newspaper?**  
**Well, your challenge is to create a hat from newspaper befitting the Melbourne Cup - shape, style, is up to your imagination**

**The Melbourne Cup will be televised live at 5.00 pm and a \$2.00 tote will be open. Enjoy some refreshments while this is happening.**

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### Some Advice from Nikita

Almost everyone experiences pain - this being an unpleasant sensory and emotional experience that is felt in the body and that motivates us to do something to escape it. The critical concept indicated by Brukner and Khan's Clinical Sports Medicine, is that pain is not a measure of tissue damage, but an indicator of the brain's detection to protect certain tissue.



Let's look at the knee: commonly the knee can cause pain that at times can be located specifically or have more of a varied pain unable to be located. It may also be aggravated in certain positions. Whatever the pain represents, the brain has signalled the pain to the area of the knee where inflammation may be occurring.



However, to relieve the pain the forms of therapy or medicine can be quite complex. Although medicine has a purpose, exercise or rehab can provide an alternative and comprehensive therapy to reduce the pain. This can also improve brain capacity to signal the body when something may or may not be right. Therefore, exercise has the ability to prevent health conditions and enlighten daily living. Come and join a class or visit the gym for some exercise. You will feel better, understand your body better and provide yourself with more energy.

**Nikita your Rehab Therapist**

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### Village Residents' Committee Report

By the time you receive this Village Vista the Inter Village Quiz will have taken place on Wednesday 31<sup>st</sup> October at Forest Lake Gardens Retirement Village. Our thanks go to the team which represented us and to Brother Damian who provided the organisers with the questions for the event. The afternoon Quiz



Event held here in the Community Centre was well attended and provided us with heaps of laughter. Once again, our thanks go to all those who helped make it happen.



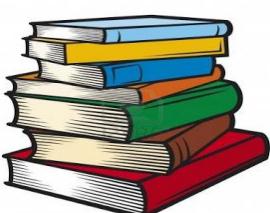
A very successful Fashion Parade was held here in the Community Centre last week. This proved to be a very popular event. Who knew we had so many twenty and thirty year old models living in our village? Special thanks go to our Social Group who put so much time and effort into the planning and running of this event on the day.

Our Scooter Club met a week later than usual due to other events taking place in the Community Centre but a great time was had by all. There are still newcomers joining us and having a go, so please don't be backward at coming forward; only the scooters do that. We offer special thanks to Meg for her wonderful hospitality as always, and a big "Thank You" to Mark who set us a very challenging course; we can't imagine where he finds all his new ideas. We meet again on Saturday 10<sup>th</sup> November at 2pm. Why not come and join us?

This is a gentle reminder that the Residents' Committee voted to have an amnesty on paying a gold coin for the **whole month of December** for all the many and varied community activities and events offered week by week. Please take a good look at all the options noted in the Vista monthly Calendar and note what you would like to try and when it is on so you don't miss out on these opportunities to explore new things and new ways of having fun.



Did you hear about the fantastic day out everyone enjoyed during the Village Bus Trip to Tauranga and Mount Maunganui earlier this year? The great news is that there will be another Village bus trip at the end of January 2019. Please put your thinking caps on and put your suggestions regarding destinations and venues in writing to the Village Residents' Committee for the next big day out. Once again there will be NO charge for the bus; just pay for your lunch when we get there. Even though we all enjoyed our time in the Bay of Plenty, we look forward to exploring new places together next year.



Since the last Village Vista came out, have you spent time exploring the new books in the Community Centre library? If not, you are missing out; there are treasures in there waiting to entertain you so go and have a look. Please make the most of this great opportunity provided here on your doorstep by the Waikato District Library.

Many thanks to all those who have helped fill newspaper and mail delivery needs while others have been unavailable. Your assistance is greatly appreciated and ensures the smooth delivery service we all appreciate.

God Bless you all.

*Colin Neal, Chairperson, Village Residents' Committee*

## Tamahere Retirement Village – Calendar of Events for November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>C=Chapel, CC=Community Centre, cc=Small Lounge in CC, SW=Susanna Wesley Room, AR=Activities Room, C&amp;CwC=Coffee &amp; chat with Chaplains, MC&amp;C=Men's Coffee &amp; Chat AC=Assisi Chapel</p>				<p>1 9.00 Lawn Bowls 9.45 Swimming Pool <b>10.00 Quilling Demo/C</b> <b>1.30 Bingo</b> <b>1.30 Two's Company/C</b></p>	<p>2 9.15 Tai Chi/CC 10.00 Knit &amp; Knatter/cc <b>10.00 Donovans Choc</b> 10.30 Catholic Mass/C <b>1.30 Peter Williams/C</b></p>	<p>3 <b>2.00 Mosaic Choir/C</b> 6.30 Movie in RH Lounge</p>
<p>4 <u>SUNDAY ROAST</u>  4.00 Chapel Service led by Rev Clive Thomson</p>	<p>5 9.15 Strength&amp;Bal/CC 10.30 Sit &amp; Be Fit/CC 1.00 Games/Snooker/CC <b>1.30 Margaret Love/C</b></p>	<p>6 9.00 Lawn Bowls <b>10.00 Chartwell/Short</b> 11.00 Bible Study/SW 2.50 Choir Practice/C <b>3.00 Melbourne Cup/CC</b></p>	<p>7 9.15 Strength &amp; Bal/CC <b>10 Shopping New World</b> 10.30 MC&amp;C/cc <b>1.30 Glen Carley/C</b> 7.00 Snooker</p>	<p>8 9.00 Lawn Bowls 9.45 Swimming Pool <b>11.00 Life Unlimited/CC</b> <b>1.30 Bingo</b></p>	<p>9 9.15 Tai Chi/CC 10.00 Knit &amp; Knatter/cc <b>1.30 Cushla/C</b></p>	<p>10 10.00 Petanque 10.30 Catholic Mass/C <b>1.30 Phoenix Players/C</b> <b>2.00 Scooter Club</b> 6.30 Movie in RH Lounge</p>
<p>11 <u>SUNDAY ROAST</u>  4.00 Chapel Service led by Rev Anne Preston</p>	<p>12 9.15 Strength&amp;Bal/CC 10.30 Sit &amp; Be Fit/CC 1.00 Games/Snooker/CC <b>1.30 Fay &amp; Tony/C</b></p>	<p>13 9.00 Lawn Bowls <b>10.00 Chartwell/Long</b> 11.00 Bible Study/SW <b>2.30 Trikes here/CC</b> 2.50 Choir Practice/C</p>	<p>14 9.15 Strength &amp; Bal/CC <b>10 Shopping New World</b> 10.30 C&amp;CwC/cc <b>1.30 Charles/C</b> 7.00 Snooker</p>	<p>15 9.00 Lawn Bowls 9.45 Swimming Pool <b>10.00 Road Info Site</b> <b>1.30 Bingo</b></p>	<p>16 <u>PODIATRIST HERE</u>  9.15 Tai Chi/CC 10.00 Knit &amp; Knatter/cc <b>10.30 Peter Knowles/C</b></p>	<p>17 6.30 Movie in RH Lounge</p>
<p>18 <u>SUNDAY ROAST</u>  4.00 Chapel Service led by Liz Lightfoot</p>	<p>19 9.15 Strength&amp;Bal/CC 10.30 Sit &amp; Be Fit/CC <b>10.30 I-Pad Class/cc</b> 1.00 Games/Snooker/CC <b>1.30 Duo Entertaining/C</b></p>	<p>20 9.00 Lawn Bowls <b>10.00 Chartwell/Short</b> 11.00 Bible Study/SW <b>1.30 Carole Fit/C</b> 1.30 Vision Impaired/cc 2.50 Choir Practice/C</p>	<p>21 9.15 Strength &amp; Bal/CC <b>10 Shopping New World</b> 11.00 Holy Commun/C 7.00 Snooker</p>	<p>22 9.00 Lawn Bowls 9.45 Swimming Pool <b>1.30 Bingo</b></p>	<p>23 9.15 Tai Chi/CC 10.00 Knit &amp; Knatter/cc <b>10-2 AOK Clothing/CC</b> <b>1.30 Laurie &amp; Piri/C</b></p>	<p>24 10.30 Catholic Commun/C 6.30 Movie in RH Lounge</p>
<p>25 <u>SUNDAY ROAST</u>  4.00 Chapel Service led by Rev Shelly Walker</p>	<p>26 9.15 Strength&amp;Bal/CC 10.30 Sit &amp; Be Fit/CC 1.00 Games/Snooker/CC <b>1.30 Danny Savage/C</b></p>	<p>27 9.00 Lawn Bowls <b>10.00 Chartwell/Long</b> 11.00 Bible Study/SW <b>11.00 Assisi Service/AC</b> 1.30 Vision Impaired/cc 2.50 Choir Practice/C</p>	<p>28 9.15 Strength &amp; Bal/CC <b>10 Shopping New World</b> 10.30 Coffee&amp;CwC/cc 7.00 Snooker</p>	<p>29 9.00 Lawn Bowls 9.45 Swimming Pool <b>1.30 Bingo</b> <b>1.30 Tamahere Choir/C</b> 3.00 Book Group/cc</p>	<p>30 9.15 Tai Chi/CC 10.00 Knit &amp; Knatter/cc <b>10.30 L'L Pumpkins/C</b> <b>1.30 TA Shr Singers/C</b> <b>3.30 Happy Hour</b></p>	