



Welcome to the  
**TAMAHERE VISTA**  
April 2024



Ah, the beauty of autumn!! Let's make the most of this special time of the year.

A very warm welcome to all the new residents to our villages. We hope you are happy in your new homes as we all are.

April is another busy month – we have Easter and Anzac Day; those who enjoy pottering in their gardens will have crops to harvest, bushes to cut back, all those autumn tasks to tackle. Others will have families visiting as the school holidays roll around again.

With Anzac Day coming up soon, it is timely to share with you a story of a New Zealand woman who didn't want to just sit and wait for her husband during World War II.

This month, our Resident of the Month is Ann Curlett, who has been at Tamahere Village for the past eight years. I continue to be inspired by the lives and experiences of all those who live in our community. It is a privilege to sit and hear their stories, and I acknowledge the feedback I receive from many residents about how much they appreciate getting to know their neighbours at a different level.

There are a number of our residents who remain unwell – either in hospital or at home. Our thoughts are with them. Our management team have arranged for us all to have the new Covid booster and flu vaccine during April. Check out David's column for further details. We are all strongly recommended to protect ourselves – and those around us – for the winter season.

Daylight saving comes to an end on Sunday 7 April – don't forget to turn the clock back.

*Carole Fleming (Editor)*

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## **Introducing Ann Curlett**

Ann tells me that she was apparently born at Devonport, where there was a naval base.

Her earliest memories are as a small child growing up in Huntly with a mother and father who said she was adopted – to replace a daughter who had died. Her adoptive father worked on the railway which was very busy in those days – a great many residents worked in the coal mines. They left early in the morning on special trains that delivered them across the river to the west where the mines were. The trains brought them back in the afternoon in time for (if they wished), a trip to the local hotel/pub, before it closed at 6 o'clock.



Ann went to school in Huntly, took ballet classes on Saturdays, Church and Bible Class on Sundays. She found herself an after school job with Mr Clark, the chemist when she was 14 years. She left school at 15 and worked for Mr Hindman, the other chemist, for a couple of years when her father was transferred to Putaruru as Station Master to organise fleets of trucks that would deliver pine trees to the railway ready for export. She worked as a shorthand typist for a carrier firm until her father returned to Huntly Station – by this time she was nearly 18 years old.

Mr Clark, her first boss put her in charge of his new shop in Huntly West – not long afterwards she became engaged to a young farmer lad. Eventually they were married and moved to Tauhei near Morrinsville where they had sheep and cattle to look after, and five children.

When the children were mostly at school, Ann's husband and a couple of mates joined a group who went gliding at Matamata twice a week – weather permitting. Ann decided to learn to fly! She joined the Flying Club at Hamilton Airport. There was a teacher with a single engine Cessna aircraft who said he would teach her. It didn't take her long before she was able to go solo - then she just had to get enough hours up for a licence.

Each week Ann worked around the circuit, building up her hours to get a pilot's licence. About this time, her husband decided to move to Hamilton with a few horses to train. So it was a new start for the family, moving to Te Rapa. It meant early mornings, taking a few horses to the race track to exercise. Eventually they had a few winners with the help of trainers and jockeys and beautiful thoroughbreds.

After she finished work, Ann worked as a volunteer at the Hamilton Police Station. It involved a wide range of tasks – from making tea for the officers at the front desk, to helping escort women prisoners to Court or Prison.

Ann came to Tamahere 8 years ago. They had lived along the main road at the top of the gully - their constant companion at that time was a beautiful German Shepherd. Ann had watched the

Village develop and just loved the grounds here, and its rural feel. The other thing she just loves is the high ceiling in her villa! Another faithful four-legged friend, Bob, came with her and joined Ann in her walks around the village. Sadly, and unexpectedly, he died, and now Ann has Ernie to keep her company. He goes everywhere with her, “until my daughter arrives, and then I’m ignored!”

Ann tells me that her time here has been spent mostly in her garden, and walking, and joining the exercise group – plus she is an avid knitter!!

*Thankyou Ann for sharing your life story with us.*

*I can vouch for her gardening expertise! She certainly is one of the most green-fingered people I know!!*

*I really appreciate your time and patience in recalling your story for the Vista.*

*Carole Fleming (Editor)*

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## **“Victoria Cross Heroes of World War One”** - Robert Hamilton

As Anzac Day approaches and you look back on the history of two World Wars beginning at Gallipoli, you will be well rewarded by taking the time to read one or more of the accounts in this well researched, substantial and clearly presented work in our Village Library.

It contains 628 extraordinary stories of valour, one for each recipient awarded a Victoria Cross during World War One. Each gives a brief personal history, photographs, and an account of the action culminating in the award. If you are researching details of family members who served in the Military, you may even find a relative. An extensive index gives a page reference for each name.

Did you know that there were 13 New Zealanders who received the Victoria Cross in the two World Wars? These are listed here enabling you to find any of the personal stories.

From Gallipoli - You will have heard of Bernard Fryberg, but possibly not Cyril Bassett and Alfred Shout. Others were from across several of the European Campaigns - Leslie Andrew, Donald Brown, James Crighton, Samuel Frickelton, Samuel Forsyth, John Grant, Reginald Judson, John Henry Laurent, Henry Nicholas and Richard Travis.

We hope you have an interesting and informative Anzac Day read.



*Moira and Barry Neal*

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## **One Woman's War**

As Anzac Day nears, each year we hear stories of courage and sacrifice. One such story has a strong link to Tamahere Eventide, but the difference is that it is a New Zealand woman who served in World War II – in a man's world.

While meeting with Ann Curlett and her daughter recently for the interview recorded on page 2, Ann shared with me that she discovered in recent years that she had been adopted.

Her birth father was in the Royal Navy, and had been seconded for two years to the New Zealand Navy. While here in 1936, he had met May, a young New Zealand woman, and they married in 1938. The man returned to England for a discharge from the Navy, but because he could speak Spanish, was given what was to be a final posting on a destroyer sent to pick up English refugees from the Spanish Civil War. Meanwhile May decided she wanted to join her husband, and travelled to England, only for War to be declared as her ship passed through the Panama Canal.

May duly waited in Portsmouth for two years until her husband's return to port. While there, she went to work for the Red Cross having previously supported the organisation in New Zealand. Then her accommodation was bombed, and she decided a change of direction might be in order. She reasoned that technical experience would not go amiss if she could get into the Wrens, and could be a good way of getting into the Fleet Air Arm. She had a long-time interest in flying and had already gained her pilot's licence.

She applied for a technical job at Bristol Aircraft Company, and with a seal of approval from the all-male engineering team, was appointed a trainee flight-shed engineer. On his return to port, her husband relented over her wish to join the Wrens. It was a great time for a Wren wanting to work with aircraft, especially one with May's qualifications. The many Royal Air Force technical personnel seconded to the developing Fleet Air Arm now wanted to return to the RAF, now regarded as the premier service. The Navy had to begin training air personnel to replace them – fast.

Training courses followed and one of May's first jobs was at a station on the south coast where she not only checked planes as they came from the factories but was in charge of what was known as "secret equipment" – radar.

She also had to familiarise newly qualified air engineers from the colleges with the Fleet Air Arm planes. The fact that she was a woman created issues where she had to convince the men she did actually know what she was talking about. At the age of 27, she was recommended for a commission, and after a course at Greenwich Naval College, was appointed as an instructor and divisional officer at a new Wrens' training centre for air mechanics. A few months later, May was summoned to a meeting with the Fifth Sea Lord, the Head of the Fleet Air Arm, and shortly after, commissioned as an air engineer. Many air engineers had been killed at sea, and May was to replace a Lieutenant Commander who was being sent to a fighting ship.

One part of the job was to work with senior representatives of all the services bargaining for space in the convoys. She had to know exactly how an aircraft had to be crated – whether it could be broken down into parts, how much space it would take up, and the dimensions of the ships.

May often had to travel to ports to see that aircraft were being loaded properly. Water-siders were often disapproving. Other aspects of her work involved liaising between Dulux and the Fleet Air Arm in the

development of different paints for the planes to suit extremes of climate – from the tropics to the cold of northern winters. She also had to attend frequent late night planning meetings on the deployment of planes. These might begin at any time between 10pm and midnight. Churchill and Eisenhower were often at these meetings. Death came very close at this time when a flying bomb demolished her living quarters, although she was uninjured despite being buried under debris. She was saved from being crushed by her iron bedstead.

By late 1944, May and her husband were based much closer to New Zealand. She had accepted secondment to the Naval Air Pacific headquarters in Sydney, and her husband had volunteered for work in the Pacific.

The trip was combined with duties associated with sending American aircraft to the allied forces in the Pacific. She crossed the Atlantic on the Queen Mary and travelled by train from New York to San Francisco where she had to wait six weeks for a flight that would take her to various bases in the Pacific on Fleet Air Arm business – adapting “cold climate” planes to the tropics.

A few months later, her husband, a communications expert, was sent to Japan and then Hong Kong where the retreating Japanese had destroyed the communications network.

On her return to New Zealand, May began her search for a “place in the sun” to live. But the discrimination she experienced annoyed her far more than the masculine attitudes on active service. By law, no building permits were to be issued until all returning servicemen had been settled. May was entitled to a rehabilitation loan but not a building permit.



Through help from friends, May eventually bought – sight unseen – a place to call home, and settled there with her husband when he was finally discharged from the Navy.

*A final word from May: “I tend not to think of the times of hardship and danger, although there were lots of those. I know it made me become independent. You tend to learn to stand up for yourself, and there is no doubt about it, it stays with you over the years”.*

Thankyou Ann, for sharing this deeply personal story with us. Her qualities of independence and determination run deep from mother to daughter!

We salute you, May!

*(reference: “Northern Advocate”)*





## VILLAGE MANAGER'S COLUMN

### Quote of the Month:

*“For me, becoming isn’t about arriving somewhere or achieving a certain aim. I see it instead as forward motion, a means of evolving, a way to reach continuously toward a better self. The journey doesn’t end ”.*

*(Michelle Obama)*



### New Residents

Assisi 18	Brian and Jeanette Hellier
Assisi 5	Gianetta Wynne

#### **1. Covid and Flu Injections on 10 April**

I recommend that all of you take this new Covid booster injection. This has been developed to be able to be administered at the same time as the flu injection and this means you will be fully covered for the winter season.

In my experience, this latest strain of Covid and the flu are very debilitating. Please take advantage of the session in the Community Centre on 10 April.

Test kits and face masks are still available free, until 30 June 2024, at some pharmacies in Hamilton. Check with your pharmacy for more details. It is strongly recommended that you have one of these kits in your own home.

2. Our new Chef in the Cherry Blossom Café is Bony (pronounced Bonnie). He is starting to do specials again at lunchtime. Please be supportive as he develops his menu.
3. The Tip Top Ice cream freezer is installed and carries a full range of their products – eg Trumpets, Jelly Tips!!!

Have a very happy Easter!

***David McGeorge***



## CHAPLAIN'S KORERO

Tēnā koutou e te whānau! Warm greetings to all who call Tamahere home.

It's now been four years since I was appointed to work as chaplain at Tamahere. Every now and again my wife Nan looks at the Tamahere Facebook page and says I spend all day eating Popsicles and dancing with our residents!



Sometimes it feels a bit that way. Chaplaincy is about being present with people wherever they are. So I spend some days dancing and other days praying, some days eating iceblocks and other days sitting by bedsides, some days playing bingo and other days holding hands. Every day is different, a rare privilege to be a part of people's lives.

Most retirement villages don't have a chaplain. At Tamahere we recognise that residents have a range of needs: physical, emotional, social and spiritual. It's my role to offer emotional and spiritual support to residents, families and staff.

As chaplain I'm available for everyone. You don't have to come to chapel services or be religious to use my services. I'm here for everyone and I won't try to convert you. We're a diverse community with varied histories, experiences and viewpoints. I respect those differences.

I'm also happy to refer you to someone else if you decide you need a different kind of support. I have good contacts in the community with aged care health professionals, counsellors and members of varied faith traditions. I'm not precious about needing to be the person who offers assistance.

Contrary to my wife's jokes, I do undertake a range of tasks: organising the worship roster (alongside the Catholic worship team), visiting residents (here and when people are in hospital), facilitating the support group for the carers of people living with dementia, leading chapel services (including funerals) and writing articles for "Vista".

However being present is also about just being here. Every day I walk around the village and care home and find someone who needs a kind word, a smile or a laugh, a listening ear or some other moment of connection in the midst of a busy or painful time. Being an open, cheerful, peaceful presence is sometimes far more important than any of the tasks I do. For, at its heart, chaplaincy is about being rather than doing.

Ngā manaakitanga,

Susan

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**All residents receive a copy of the Vista each month. These can be on paper and delivered to your letter box or, in the interests of saving our planet (and the trees, and reducing waste etc) you might choose to have an electronic copy.**

**If you would prefer to receive your copy by email, please contact the Editor, at [christchurchclass@gmail.com](mailto:christchurchclass@gmail.com)**

## NEWS FROM KAREN

Hello everyone –

What's the latest news?



1. **Cambridge Health Shuttle** – The Health Shuttle provides drop offs and pick ups for people going to the hospital.  
For other destinations, pick ups are from where you were dropped off. When you are ready for your return trip, please call the Shuttle crew on:

**THE VAN 021 087 4563**

**THE CAR 027 226 9639**

**Please note: To book, please phone 0800 846 9992 (St John).**

2. If you are interested in purchasing a second-hand mobility scooter, come and see either David or Karen – we have two for sale.
3. **Twilight Bowls** – our last roll up for Twilight Bowls was on 21 March. We will begin again in October when the evenings are lighter (and warmer).
4. **Indoor Bowls** – We are beginning Indoor Bowls in the Community Centre on Monday 25 March – 7pm start. Names of players need to be in before then.
5. **Village Outings** – Mark this date on your calendar, Tuesday 30 April for a van outing. The van leaves at 10.30 – for more information check the weekly flyer for details

Have a very happy Easter!!

**Karen**  
**Village Activities Organiser**



**My aim is to keep you in your independent Villa or Apartment for as long as possible.**

**I can clean, do washing, make or change beds, organise assistance; in fact, provide care that is not available to you from the Health Department.**

**INTERESTED?? Contact Chris, Karen or David to discuss.**

### **Chris' Housekeeping Tip for the Month**

#### **Clean your Oven with Baking Soda and Vinegar**

**Mix ½ cup of baking soda with a few tablespoons of water to have a spreadable paste. Coat the oven's interior surfaces with the paste and let it sit overnight.**

**Clean the oven with a damp cloth and spray a little vinegar over the baking soda residue. Take a wet cloth and clean the oven. Voila!! All clean.**



## News from the Residents' Committee

Don't forget our Quiz evening on Wednesday 10 April starting at 6pm.

Get a team together for a fun evening. BYO drinks and nibbles. There will be some entertainment from our very own Ukelele group!

**Keith Glover, Chairperson**



### Friends

*To those friends and lovely people we have associated with for nine years, we would like to say how much we have enjoyed living at Tamahere and for the friendships we have made.*

*Our move is to be nearer to our daughter and son-in-law who will be only five minutes away in Devonport.*

*We will now live at Apartment 459, William Sanders Ryman Village.*

*Love and regards,*

*Margaret and Bill Love*

### Answers to puzzle on page 16



## The Assisi News

### The Assisi Café

The Village Barn is home to the Assisi Café. At this stage, it is open Wednesdays – Fridays from 10.30am until 1pm. Our Barista, Michael, makes very good coffee!!



### What's coming up in the Village Barn during April?

- **Happy Hour** - The Village Happy Hour is on the first Friday of each month, starting at 3.30pm.
- **Exercises** – Every Tuesday and Thursday at 1.30pm.
- **Crafts** – Mondays at 9.30am.
- **Fish and Chips** – Fridays 5.30pm followed by
- **Movie Night** – Fridays 7.00pm
- **Presentation on “Hearing Health”** – Monday 22 April 2pm
- **Van Trip** – Friday 26 April at 11.30am.



### Catholic Mass Times

Wednesdays 10.30am  
Saturdays 10.30am  
Sundays 10.45am

### Atawhai Assisi Chapel

#### Ecumenical Services

Bible Study, Chapel, 11am - Mondays, 8<sup>th</sup> 15<sup>th</sup> and 22<sup>nd</sup> April,  
and 3pm - Monday 29<sup>th</sup> April  
Combined Church Service, Hospital, McAuley Lounge – 11am Monday 29<sup>th</sup> April  
Combined Church Service, in the Chapel, 11am -Tuesday 30<sup>th</sup> April

My wife asked me what I was  
going to do today.  
I told her, "Nothing".



She said, "You did that yesterday".  
I said, "I wasn't finished".

## NEWS FROM VILLAGE GROUPS

### The Book Club



All those who are interested in reading books, and learning of the wide range of books read by other residents, are most welcome at the monthly meeting of the Village Book Club.

They meet at 3pm on the second Thursday of each month in the small Lounge in the Community Centre. Their next meeting is Thursday 11 April.

Some of the books read by members of our group this month include:

#### **The Secret Diary of Hendrik Groen, 83 ¼ years old** – translated by Hester Velmans (Gladys)

As indicated by the title, this is the day-by-day diary of an old age pensioner resident in a rest home in Amsterdam, Holland.

A mostly cheerful tale, although the account of the other residents and administration do not always meet with his approval.

This book has been translated into 25 languages.

#### **Once Upon a Time** – AA Milne (Isabelle)

The author writes this as a fairy story written for grown-ups. He took great pleasure in writing it and regards it as his best book. Certainly I lent it to many friends when they were going through a bad time, health or otherwise – except for one who didn't appreciate it at all.

#### **Whispers of His Power** – Amy Charmichael (Isabelle)

366 Daily devotional readings culled from Amy Charmichael's unpublished letters and writings. The power of her writing is amazing.

#### **James Cook's Lost World** – Graeme Lay (Beatrice)

The conclusion to the trilogy that marked Cook's chance to discover the long-sought passage from North Pacific to the North Atlantic. Intriguing – tragic.

#### **Lady in Waiting** – Anne Glenconner (Beatrice)

As maid of honour at the Queen's coronation as well as Lady in Waiting for Princess Margaret, Anne spent her life as friend of the Royal Family.

An insight into the daily life of the "royals". Ups and downs – just like you and !!! .

#### **Oceans Apart** – Karen Kingsbury (Briar)

This is a story about airline pilots, their busy schedules for flight timetables, their families and spending their holidays in keeping with a perfect life. An accident happens – a plane with pilots, passengers and crew goes down into the ocean, never to be found.

The lonely family are left to spend their lives coping in a different world with different people, and find healing with the help of the children's pet labrador, Buddy. They learn not to be so self-centred and find again, the family life they had been seeking.



## **Vision Impaired Group**

Another month has gone past and it is with mixed emotions that I put pen to paper. Today we had a special morning tea to farewell our long serving members, Margaret and Bill Love.

Margaret and Bill have been very active in the group for the majority of the time it has been operating. Many times we have enjoyed Margaret's musical talent, playing our favourite tunes on her keyboard. We are also grateful that they have given their sound system to the group.

Just know how much you will be missed. So for now, farewell! Enjoy becoming "jaffas" and the love and attention your family are waiting to surround you with.

**Lyn Pettigrew** (Rimu 1)  
Group Co-ordinator

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## **Petanque**

David Baker sets up the court for play every Saturday morning unless it is raining. Numbers of players attending have been small. Those who come regularly enjoy social non-competitive games, with recovery time in between.

However, as we use only one court, the other court is available for any players who would prefer a game where scores are kept and shorter breaks taken between games.

More players of every skill level would be welcome. Some players enjoy morning tea together after the games, but this is entirely optional.

**Vivienne Baker** (Villa 29)

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## **Indoor and Outdoor Bowls**

This year we have seen a wide range of residents playing bowls. A few have played bowls before, others have been first time players, and are still active, some have not continued. It is a real pleasure seeing those with physical restrictions either returning to bowls or, with encouragement, taking it up for the first time. Seeing restricted players grow in skill, confidence and enthusiasm is rewarding.



Our regular morning bowls, both indoor and outdoor, have been well attended, usually numbering eight to twelve players. The introduction of playing bowls in the cool of summer evenings has been an alternative for some, rather than in the hot morning sun. We have adapted the rules for playing on the green for safety reasons with regard for age and physical limitations.

**John Grey**  
Bowls Facilitator (Villa 108)

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## **Pool**

We meet on Mondays at 1pm and on Wednesday evenings at 7pm in the Café. We welcome new or previous players. Come and join us.

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## **Card Making**

Card Making and Craft continues on 1<sup>st</sup> and 15<sup>th</sup> April in the Café at 10.30am.

Bring your own craft or be creative with card-making. Free materials, or bring your own.

**Margery Bramwell (V37) and Edna Evans (V56)**  
Convenors

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## **Knit and Natter Group**

What lovely donations of yarn we have received lately from various sources! Thanks to Beverley Attrill for such a grand sorting job.

Knitting is stepping up with the cooler weather making itself felt just a bit now. We continue to meet and chat over a cuppa in the Harakeke lower lounge on Friday mornings. Join us!



**Jill Wilson ph 856 4080**  
**Helen Painting ph 854 7662**

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Bingo will continue on Thursday afternoons from 1.30pm until 3pm in the library in the Community Centre.

Come and join a very friendly, merry crowd enjoying a social time – chocolates are on offer!

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## **Tamahere Global Village**

The Village World Affairs Group which started on 7th February is now called **Tamahere Global Village**. We will be meeting on the first Wednesday of each month at 4pm in the Community Centre.

The topics that we discuss and the way that we organise ourselves will be decided at each meeting.

The first meeting demonstrated an interesting range of topics and opinions.

Please contact Gray Southon, Villa 102, Ph 0211 020 977 for further information.

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## **Ukelele Sing-a-long Group**

Don't forget the Ukelele group who meet on Thursday afternoons (but not the last Thursday of the month) at 2.30pm in the Downstairs Lounge in Harakeke, to sing and make music together. If anyone would like to play – or learn to play - feel free to contact Keith at Villa 12.

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## **Our Rehabilitation Corner**

Mini-relaxations can help allay fear and reduce pain while you sit in the dentist's chair. They're equally helpful in thwarting stress before an important meeting, while stuck in traffic, or when faced with people or situations that annoy you. Here are a few quick relaxation techniques to try.

### **When you've got one minute**

Place your hand just beneath your navel so you can feel the gentle rise and fall of your belly as you breathe. Breathe in slowly. Pause for a count of three. Breathe out. Pause for a count of three. Continue to breathe deeply for one minute, pausing for a count of three after each inhalation and exhalation.

Or alternatively, while sitting comfortably, take a few slow deep breaths and quietly repeat to yourself “I am” as you breathe in and “at peace” as you breathe out. Repeat slowly two or three times. Then feel your entire body relax into the support of the chair.

### **When you've got two minutes**

Count down slowly from 10 to zero. With each number, take one complete breath, inhaling and exhaling. For example, breathe in deeply, saying “10” to yourself. Breathe out slowly. On your next breath, say “nine,” and so on.

If you feel lightheaded, count down more slowly to space your breaths further apart. When you reach zero, you should feel more relaxed. If not, go through the exercise again.

### **When you've got three minutes**

While sitting down, take a break from whatever you're doing and check your body for tension.

Relax your facial muscles and allow your jaw to fall open slightly. Let your shoulders drop. Let your arms fall to your sides. Allow your hands to loosen so that there are spaces between your fingers. Uncross your legs or ankles. Feel your thighs sink into your chair, letting your legs fall comfortably apart. Feel your shins and calves become heavier and your feet grow roots into the floor.

Now breathe in slowly and breathe out slowly.

### **When you've got five minutes**

Try self-massage. A combination of strokes works well to relieve muscle tension. Try gentle chops with the edge of your hands or tapping with fingers or cupped palms. Put fingertip pressure on muscle knots. Knead across muscles, and try long, light, gliding strokes. You can apply these strokes to any part of the body that falls easily within your reach. For a short session like this, try focusing on your neck and head. Start by kneading the muscles at the back of your neck and shoulders. Make a loose fist and drum swiftly up and down the sides and back of your neck. Next, use your thumbs to work tiny circles around the base of your skull. Slowly massage the rest of your scalp with your fingertips. Then tap your fingers against your scalp, moving from the front to the back and then over the sides.

Now massage your face. Make a series of tiny circles with your thumbs or fingertips. Pay particular attention to your temples, forehead, and jaw muscles. Use your middle fingers to massage the bridge of your nose and work outward over your eyebrows to your temples.

Finally, close your eyes. Cup your hands loosely over your face and inhale and exhale easily for a short while.



***Prepared by: Rosalyn Pelaez***  
***TEH Allied Health and Rehab Coordinator***  
Source: [www.helpguide.org](http://www.helpguide.org)

## Our Chuckle Corner

This whole getting older and being responsible thing is getting in the way of my fun!!



A police car pulled up to an older woman's house and her husband got out. Rushing out of the house, the woman looked worried to see a police vehicle in her driveway. The officer explained that her husband had said he was lost in the park and couldn't find his way back to his house.

"Why, Steve?" the woman, now very confused, said to her husband. "You've been going there for over 30 years! How on earth could you say you had got lost?" Leaning close to his wife so the officer couldn't hear, he whispered, "I wasn't lost, darling. I was just too tired to walk home."

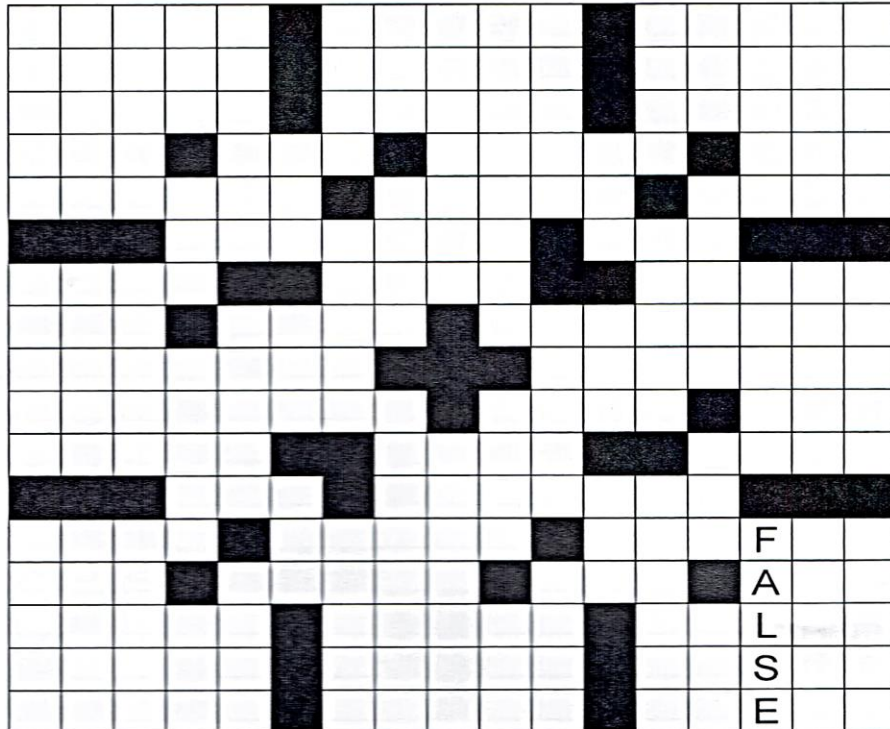


## Puzzle Time

This month, because you found the puzzle last month, relatively easy, try this one!! It's another "Wordfit". Can you fit all the listed words into the grid? One word has been placed to get you started. Good luck! (The answers are page 9).

### 3 LETTERS

AGE  
AIR  
ALE  
ARE  
AYE  
BEG  
CAB  
CUB  
EAR  
EEL  
EGO  
ELK  
END  
ERA  
EYE  
IRE  
LED  
LYE  
OBI  
RED  
SEA  
STY  
TOY  
USE



### 4 LETTERS

ANON  
ARTY  
BRAD  
DAYS  
ERRS  
HARE  
MACE  
MILE  
PACE  
PUBS  
SCAT  
SLAY  
SPAY  
TIDY

### 5 LETTERS

ABATE  
ABIDE  
ADDER  
ADDLE  
ADORE  
AGAPE  
AMIDE  
ARIAN  
ASSET  
ATILT  
AVIAN  
BULGE  
CAMEO  
CARAT  
CIRCA  
FALSE  
GRASS

HARSH  
HEDGE  
LEAKY  
LEANT  
LEETS  
MAPLE  
MOTEL  
MOULT  
NEEDS  
NOOSE  
ODOUR  
OUTER  
PAVER  
PENAL  
RABBI  
RADIO  
RARER  
REBID

REELS  
RURAL  
SALTY  
SAUDI  
SCARF  
SCARS  
SLAPS  
SLEPT  
SPASM  
SPIEL  
STERN  
TATTY  
TENET  
URGED  
UTTER

### 6 LETTERS

FRESCO  
MONACO  
RUEFUL  
TURBAN

### 7 LETTERS

ANOMALY  
AUSTRIA  
LOYALLY  
ROSETTE  
SOCIETY  
TARTARE

### 8 LETTERS

ABSOLUTE  
ESCALATE  
ETCETERA  
PARALYSE

## Tamahere Retirement Village – Calendar of Events – April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>EASTER MONDAY</b>  10.30 Card Making/CC	2 9.00 Lawn Bowls 10.30 Chartwell 11.0 Catholic Mass/C (Mons Frank)	3 9.15 Sit & be Fit/CC 10.30 New World 4.00 Tamahere Global Village/CC 7.00 Pool/CC	4 <b>PODIATRIST HERE</b> 9.00 Lawn Bowls 10.30 VIG Coffee/CC 1.30 Bingo/cc 3.00 Book Club /cc 2.30 Ukelele Group/ HDL	5 9.15 Standing Back Strength/CC  10.0 Knit & Natter/HDL	6 10.0 Petanque– near V28
7 <b>DAYLIGHT SAVING ENDS</b>  4.00 Worship in Wesley Chapel led by Rev. Dr Susan Thompson	8 9.15 Seated Exercises/CC 1 pm Board Games, Pool/CC 2.0 "Hearing Health /CC 7.00 Indoor Bowls	9 9.00 Lawn Bowls 10.30 Chartwell	10 COVID AND FLU VACCINATIONS /CC  9.15 Sit & be Fit/CC 10.30 New World 6.0 Quiz Night/CC 7.00 Pool/CC	11 9.00 Lawn Bowls 10.30 VIG Meeting/HDL 1.30 Bingo/cc 3.00 Book Club /cc	12 9.15 Standing Back Strength/CC 10.0 Knit & Natter/HDL	13 10.0 Petanque nr V28 11.0 Catholic Liturgy /C (Sue Kenrick)
14 4.00 Worship in Wesley Chapel led by Rev. Gilliam Woodward	15 9.15 Seated Exercises/CC 10.30 Card Making/CC 1pm Board Games, Pool/CC 7.00 Indoor Bowls	16 9.00 Lawn Bowls 10.30 Chartwell 11.0 Catholic Mass/C (Mons Frank)	17 9.15 Sit & be Fit/CC 10.30 New World 11.0 Holy Communion/C (Rev. Dr Susan Thompson) 7.00 Pool/CC	18 9.00 Lawn Bowls 10.30 VIG Coffee/CC 10.30 Dementia Support Group /cc 1.30 Bingo/cc 2.30 Ukelele Group/ HDL	19 9.15 Standing Back Strength/CC 10.0 Knit & Natter/HDL	20 10.0 Petanque nr V28
21 4.00 Worship in Wesley Chapel led by Rev. Alisa Lasi	22 9.15 Seated Exercises/CC 1 pm Board Games, Pool/CC 7.00 Indoor Bowls	23 9.00 Lawn Bowls 10.30 Chartwell	24 9.15 Sit & be Fit/CC 10.30 New World 7.00 Pool/CC	25 <b>ANZAC DAY</b>  11.0 ANZAC Day Service/C (Rev. Dr Susan Thompson)	26 9.15 Standing Back Strength/CC  10.0 Knit & Natter/HDL	27 10.0 Petanque nr V28 11.0 Catholic Liturgy /C (Lyn Fromont) 2.00 Mandarin Christian Youth Group /CC
28 4.00 Worship in Wesley Chapel led by Rev. Mohu Lolohea	29 9.15 Seated Exercises/CC 1 pm Board Games, Pool/CC 7.00 Indoor Bowls	30 9.00 Lawn Bowls 10.30 Van Outing	cc = Small Lounge in Community Centre CC = Community Centre C = Wesley Chapel HDL = Harakeke Downstairs Lounge		<b>Colour Coding</b> Green Exercise Groups Red Groups, Trips (Shopping etc), Games Black Church Services Blue Health Clinics (Podiatry, Ear Clinics etc) Purple Vision Impaired Group	