



Welcome to the
TAMAHERE VISTA
August 2023



In the past week or so, we have seen our country come alive – excited even – with the FIFA World Cup matches not only on our screens, but virtually in our own back yards!! And there is still so much more to come as the pool matches continue and then the semifinals and finals!!!! Our team certainly started off their campaign with a fantastic result. Our Cherry Blossom Café is decked out with flags of different nations – don't be shy to deck yourselves out in your favourite team's colours!!

But that isn't the end of a sporting feast – just around the corner, is the Netball World Cup, and then of course, the Rugby World Cup. For those sporting enthusiasts who follow these global events, catch up on sleep beforehand – you are in for a few late nights at the TV screen!

We have a number of residents who are unwell at present. Please keep an eye out for your immediate neighbours – a bit like a neighbourhood watch. If you are not well, do let Karen know.

Our featured Resident of the Month is Margery Bramwell, who came with her husband Ian, to Tamahere to live in 2019. This month, we also meet Kelly, our new Café Chef, and celebrate the 60th wedding anniversary of Moira and Barry Neal.

Have a very happy August! Keep warm and safe!

Carole Fleming (Editor)

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Our Resident of the Month ...

This month, it is my pleasure to introduce you to Margery Bramwell.

Margery was born in Helensburgh, Scotland, and lived near Loch Lomond. She moved to New Zealand, at the age of 9, with her mother and sister. Her older sister was already settled in New Zealand.

The family settled in Whakatane where Margery went to Intermediate and secondary schools. Following this, she came to Hamilton to undertake her nursing training at the local Polytech. She completed two years as a staff nurse, then went to Britain to do her midwifery training. She really enjoyed this – but returned to New Zealand, to be “best woman” at her friend’s wedding.



Then it was back to Waikato Hospital as a midwife – again, a very happy time for her. A year at Bible College in Christchurch followed, then back again to Waikato Hospital.

While studying in Auckland, Margery was diagnosed with Parkinson’s Disease, at the age of 30. She continued working as a midwife, having fantastic support from her colleagues, until she eventually moved into Data Base Administration for Maternity Services.

I had known Ian since 1984 through Church, and we married when I was 39, and we lived in Hamilton. Eventually I decided to leave work and make the most of our time together. We were still involved in Church activities. Ian had 8 children and many grandchildren. Because his children were older and lived in various places in New Zealand and in Australia, I never really had to take on the role of step-mother. I have a lovely relationship with them, as individuals.

We bought a motor home, and together spent about ten years exploring the countryside. We met lots of great people. Ian did all the driving and would happily talk to anyone – he encouraged me to be more outgoing.

We came to Tamahere Eventide in March 2019 to Villa 37, and of course that meant downsizing! But we realised what a good decision this was. Three months later, Ian had a stroke, and from then his health continued to decline.

“Before Ian’s stroke, I tried to join as many groups in the Village as I was interested in. I found people really welcoming and made many friends. The bowlers made me a special morning tea when I joined!

Living alone, life can be difficult, especially the evenings. I play Bowls, Pool, have helped set up the Card Making Group and am now the Deputy Chair of the Residents’ Committee.

Now is a new time to re-establish me as a person”.

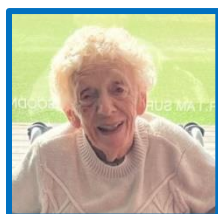
If you haven’t yet met and chatted with Margery, take the opportunity to do so, and be inspired by this wonderful, humble but truly amazing woman!



Congratulations

Warm congratulations to Barry and Moira Neal who celebrate their 60th wedding anniversary on Saturday 19 August.

Barry trained for Church ministry at Trinity Theological college, and married Moira on 19 August 1963, during his last year of training. Moira Foley, a Scottish teacher of the deaf, and unusual for a Scot, a Methodist, had specialised in teaching of the deaf in Manchester before coming to New Zealand. She worked at the School for the Deaf in Sumner, Christchurch before moving north, where at the age of only 22, she was appointed the Adviser at the School for the Deaf Auckland.



Moira was interested in genealogy research and has published a number of books on other families' histories. One of her works, "The Pride of Neals", the family history of Barry's family, is now in the Cherry Blossom Library. If anyone would like a copy or simply more information, talk to Barry. Moira established and has been the Convenor of the Scottish Interest Group for the NZ Genealogical Society. Most people wouldn't have been aware that the display on Scots put together by Te Papa, was in fact all Moira's work!

Barry was deeply involved with farming, and the local church and communities, as well as rugby and athletics. In his ministry, Barry and Moira served in Murchison, Ngaruawahia, Raumanga, Te Awamutu, and Auckland and, in addition Barry was an Army Chaplain for seven years which included two years in Singapore. They have four children – Donald, Rosemary, Andrew and Jennifer.



Barry and Moira retired to Huia, until six years ago when they moved to Villa 27 at Tamahere Eventide.

We congratulate Barry and Moira on this very happy occasion, and extend our love and best wishes to you both!!



Introducing our new Chef - Kelly

A warm welcome to Kelly Anderton who has joined us in the Cherry Blossom Café and has already demonstrated her skills and talents in the kitchen.

Kelly has lived most of her life in Cambridge – she went to Leamington Middle School, then Cambridge High. She chuckled as she told me that her old teacher is now her son's father in law!! And he is still teaching!

Kelly has four sons - Lathem is 20 and works at Open Country; his partner works with horses. Dante is 14 and at Cambridge High; he is very keen on Judo. Levi is 3 and will be into everything Dante is and does – he is his shadow – then Zayn is 1.



Kelly previously worked at Hospice as a chef. Her interests are cooking and baking (of course!), and she is a dab hand tinkering with cars (interiors as well as engines). When you get a chance, ask her to show you the photos of the Batman curtains she made for her son!



VILLAGE MANAGER'S COLUMN

Quote of the Month:

"Your time is limited, so don't waste it living someone else's life. Don't be trapped by dogma – which is living with the results of other people's thinking."
Steve Jobs



1. On Thursday night I had the privilege of attending the FIFA World Cup Opening at Eden Park.

As a seven year old boy, I attended the opening game of the 1966 World Cup in London between England and Uruguay. I have been involved in Soccer, all of my life, serving on the Auckland Football Association with Charlie Dempsey and others of his generation. My grand-father was a professional soccer player for Doncaster Rovers in England, and played cricket for Yorkshire.

None of us in our wildest dreams, would ever have believed a New Zealand team would ever win a football match at a World Cup. These girls are our heroes!! The 42,000 people just erupted when Hannah buried the ball in the back of the net!!

This Saturday, I got a text message from my grand-daughter all dressed in Disney pink and sporting a USA flag, chanting "Team USA!"

2. Enquiries for Villas and Apartments have risen and in recent days, I have signed up a number of properties, subject to the sale of their own homes. I am hopeful that the financial tide in New Zealand, has turned.

Having empty Villas and Apartments has not been easy and we look forward to new people joining us in our two villages.

3. Happy Hour at Tamahere is on the last Friday of each month and at Assisi on the first Friday of the month.

4. I will be at Assisi every Friday from 11am – 2pm manning our Open Homes; at Tamahere, our Open Home is every Thursday, 11am – 2pm.

Have a good month -

David McGeorge

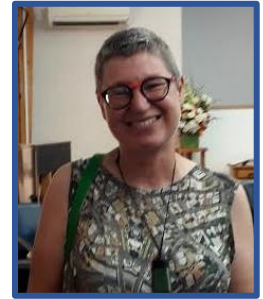


Do you drive an Electric Car? Maybe you have a family member or friend who visits the Village, who does.

There is now an EV Charging Point just opposite the Campervan parking area.

CHAPLAIN'S KORERO

Mānawatia a Matariki! Ngā mihi mahana mō te tau hou Māori. Welcome to Matariki! Warm greetings for the Māori new year.



It's my second week back at work after three weeks leave and our trip to Geneva already feels as if it was a long time ago. Nan enjoyed playing tourist while I attended a meeting of the World Council of Churches. We met a huge variety of people from Orthodox bishops living in London to reindeer herders working in Sweden.

Unfortunately we had to return home earlier than planned so that I could lead the funeral of Rev. Dr Dame Phyllis Guthardt in Christchurch. A Methodist minister, Phyl was the first woman to be ordained in Aotearoa. She opened the way for other women to follow - in the church, university and wider community - and was a close friend and mentor.

The season of Matariki offers us a time to remember those we mourn and to acknowledge the many ways they touched our lives. We all have people who have encouraged, challenged and guided us to do things we would never have dreamed of doing, to be people we never thought we could be. We remember them with love and thanksgiving.

Matariki is also a time for celebrating the present and it's been a joy to see people gathering to celebrate in so many different ways this year. Last week rest home staff organised a special afternoon of waiata and dancing for residents. It was a fun time and I was pleased to be asked to join in (even though my dancing is a bit ho-hum) and to lead karakia.

Last week I also attended a Chaplaincy Day in Auckland organised by the Methodist Church. It was good to reflect on the role of chaplains in different settings (prisons, hospitals, the military, the inner city and aged care). We had a particularly useful session on the ways chaplains might offer pastoral and spiritual support to those who choose the new assisted dying service.

We were all agreed that, whatever our views on assisted dying, we are called to accompany those facing death as “ministers of consolation and hope” to bear witness to the “compassion and mercy of a loving God who never abandons his people”.

Ngā manaakitanga,

Susan



NEWS FROM KAREN



Hello everyone –

I realise we have mentioned scams many times now, but the Police and media are advising us all to be vigilant. I know it's almost like we have to second guess everyone who is telling us something on the phone, in text messages or emails. If you are worried about this, or you aren't sure who to trust about any of these possible scams, talk to your family, to Karen, your bank, or the Police.

On a lighter note, No8 Tours are coming back to Tamahere to give a presentation on their range of tours and trips.

- Monday 21st August 2023
- 1.30m
- Cherry Blossom Café

RAT Tests – I have a large supply of these. If you need some of these, please come and help yourself from the Sharing Table in the foyer outside my office.

Stay safe and warm!

Karen
Village Activities Organiser



My aim is to keep you in your independent Villa or Apartment for as long as possible.

I can clean, do washing, make or change beds, organise assistance; in fact provide care that is not available to you from the Health Department.

INTERESTED?? Contact Chris, Karen or David to discuss.

Chris' Housekeeping Tip for the Month

Brooms and dustpans can get really gross after a while but most people just stick them back in the closet. Doing this, just spreads dirt and germs!

Next time you finish sweeping, soak your broom for an hour in a bucket of warm water and dishwashing liquid. Let it air dry and then put away.



Now that I know all the answers, nobody asks me the questions – trust me ... at my age, I'm an expert at everything!

News from the Residents' Committee



Some news from the Committee:

1. The suggestion box outside Karen's office may be used for mail transfer between Eventide and Assisi.
2. The Soup and Rolls evening was popular and well attended. \$170-20 was raised for St John, and the Residents' Committee rounded up the donation to \$200. Thank you everyone for supporting it.

Enjoy these cooler days – keep warm!!

Keith Glover
Chairperson

From "The Home of Gardening"

Kia Ora -

We hope everyone enjoyed the long weekend and was able to get a glimpse of the stars.

Currently we are pruning the roses and cannot wait to see how plentiful they are once they are flowering.



We have made a start spraying all weeds in pavements around the villas. We have a few exciting projects coming up and can't wait to share this with you all.

A big thank you to all our lovely residents for your kind words and continued support to our staff. Also, a massive thanks to Keith for lending us a hand with the mowing.

Until next month!

The Gardening Girls

Just to keep the brain cells ticking over

1. What do the letters 'LOL' stand for in text language?
2. How many carats are in pure gold?
3. What is an arrow maker called?
4. What term is used for the formation of a word which comes from a sound, associated with what it is – eg buzz, sizzle or pop?
5. Who wrote 'Willy Wonka and the Chocolate Factory'?
6. Which Olympic sport prohibits the wearing of a beard?
7. What is a 'Briard'?
8. Which city did Martin Luther King get shot at in 1968?
9. What does a soldier keep in a frog?
10. What is Rubella commonly known as?

(for the answers, see page 11)

The Assisi News

Welcome to the news from Atawhai Assisi Retirement Village. This is your page – and your contributions are most welcome.

The photos below show the pouring of the concrete flooring, and the framework going up – really quickly! The expected completion date is in mid-December!



Garden Message from Atawhai Assisi

Hi everyone,

The month of July brought us some fine weather and a slowing of growth in the lawns. With the completion of the gardens and ground work in the new villa area, we are now just watching and waiting for the new grass to grow. Hope everyone is enjoying watching the building of the new Village Barn.

Projects for the month of August

- Tidying the Water Run-off Pond – throughout the month I plan to weed-eat the surrounding area to keep it tidy as well as tie up and trim the trees along the edge.
- Re-seeding some of the patches in the lawns that have occurred due to the killing of some weeds.

Wishing everyone an amazing month of August, hopefully we get to enjoy some more sunshine and wonderful times with our friends, Also, don't forget if you have any questions, you can find me around the complex or in the yellow shed around behind the hospital.

Sandra, the Gardener



NEWS FROM VILLAGE GROUPS

Pool

On Mondays at 1pm and Wednesday evenings at 7pm, we play in the Cherry Blossom Centre. We would love you to join us. We are a friendly welcoming bunch!

If you've never played before, we have members who can help you.

Vision Impaired Group

Hi everyone –

We had a large turn-out at our last meeting. It was good to see everyone even though once again, the weather wasn't the best.



Our guest speaker was a blind gentleman accompanied by his dog Vinco, and his wife, Jane. It was very interesting to listen to the challenges he faces in every-day life but how he still continues to live as much a normal life as possible.

Our meeting on the second Thursday of the month, 10th August, will be morning tea and a nice chat for everyone to catch up on news.

I look forward to seeing you -

Lyn Pettigrew (Rimu 1)

Petanque



The court and the seats are set up ready to play at 10.00 a.m. each Saturday morning, unless it is raining.

If there is sufficient interest, we are considering playing indoor bowls in the Cherry Blossom Centre on wet Saturdays.

We play a simplified form of Petanque, very social and non-competitive. Come and join us.

Vivienne Baker (Villa 29)

Lawn Bowls

We are pleased with the number of past outdoor players taking up the game again. Also those who are taking up bowls for the first time. They all appear to be enjoying being on the green.



We are now regularly playing on two rinks owing to regular attendance. This month, most Tuesdays and Thursdays have been fine and skill levels have improved steadily. When it is wet on bowling days, we play indoor bowls which is also good fun!

John Grey
Bowls Facilitator (Villa 108)

The Book Club

The Book Club meets on the second Thursday of each month at 3pm in the Library – following Bingo. All are welcome to chat about books recently read, and books in general.



Card Making

Designing cards over the past month of winter has been satisfying for the group. We have given Reception a number of these for the use of hospital and rest home residents. Lynda, with her skill and patience, joins us now and then to make her felted pictures of flowers and animals.

We meet next on Mondays 7th and 21st August in the Cherry Blossom Centre from 10,30 – 12 noon. Materials are provided and new folk are welcome.

Margery Bramwell (V37) and Edna Evans (V56)

Convenors

Indoor Bowls

We play Indoor Bowls in the Cherry Blossom Centre when it is too wet for us to play Lawn Bowls outside. That is any Tuesday or Thursday morning if it is raining. Normally a decision is made at start time (around 9.15am). The other time we play Indoor Bowls, is on Wednesday evenings from 7.00pm, while some residents play Pool.

If you are new to this game, we have some very good players who would love to teach you.

Knit and Natter Group

Many lovely jumpers, hats and squares are being produced as everyone is enjoying the comfort of knitting in winter.

Good numbers of happy knitters are meeting in the Harakeke downstairs lounge each Friday. Call in and see our work and say hello. We are always happy to meet new people as well as old friends!

Jill Wilson ph 856 4080

Helen Painting ph 854 7662



We continue to meet and play in the Library area of the Cherry Blossom Centre on Thursday afternoons from 1.30pm until 3pm. We generously share the chocolates with all, especially the new players.

Come along and try your luck and have an enjoyable social time – winning chocolates and sorting out the world's problems!

See you Thursday!

Ann Hartstone

Ph: 839 9082

Our Rehabilitation Corner

Myths about Healthy Aging

Myth: Aging means declining health and/or disability.

Fact: There are some diseases that become more common as we age. However, getting older does not automatically mean poor health or that you will be confined to a walker or wheelchair. Plenty of older adults enjoy vigorous health, often better than many younger people. Preventive measures like healthy eating, exercising, and managing stress can help reduce the risk of chronic disease or injuries later in life.



Myth: Memory loss is an inevitable part of aging.

Fact: As you age, you may eventually notice you don't remember things as easily as in the past, or memories may start to take a little longer to retrieve. However, significant memory loss is not an inevitable result of aging. Brain training and learning new skills can be done at any age and there are many things you can do to keep your memory sharp. The sooner you start, the sooner you'll reap the benefits.

Myth: You can't teach an old dog new tricks.

Fact: One of the more damaging myths of aging is that after a certain age, you just won't be able to try anything new or contribute to things anymore. The opposite is true. Middle-aged and older adults are just as capable of learning new things and thriving in new environments, plus they have the wisdom that comes with life experience. If you believe in and have confidence in yourself, you are setting up a positive environment for change no matter what your age.

*Prepared by: Rosalyn Pelaez,
TEH Allied Health and Rehab Coordinator
Source: www.helpguide.org*

The Answers to the Quiz on page 7

1. Laugh out loud (sorry, not Love you Lots);
- 2.24; 3. A Fletcher; 4. Onomatopoeia;
5. Roald Dahl; 6. Boxing; 7. A breed of dog;
8. Memphis; 9. His bayonet; 10. German Measles

All residents receive a copy of the Vista each month. These can be on paper and delivered to your letter box or, in the interests of saving our planet (and the trees, and reducing waste etc) you might choose to have an electronic copy. If you would prefer to receive your copy by email, please contact the Editor, at christchurchclass@gmail.com

Our Chuckle Corner

I HATE IT WHEN I CAN'T
FIGURE OUT HOW TO
OPERATE THE I-PHONE,
AND THE RESIDENT
TECH EXPERT
IS ASLEEP.

BECAUSE HE'S 5.

AND IT'S PAST
HIS BEDTIME.

THIS IS HOW WE
PLAYED ON LINE



BEFORE THE INTERNET

A mother was concerned about her kindergarten son walking to school. He didn't want his mother to walk with him. She wanted to give him the feeling that he had some independence but yet know that he was safe.

So she had an idea of how to handle it. She asked a neighbour if she would please follow him to school in the mornings, staying at a distance, so he probably wouldn't notice her. She said that since she was up early with her toddler anyway, it would be a good way for them to get some exercise as well, so she agreed.

The next school day, the neighbour and her little girl set out following behind Timmy as he walked to school with another neighbour girl he knew. She did this for the whole week.

As the two kids walked and chatted, kicking stones and twigs, Timmy's little friend noticed the same lady was following them as she seemed to do every day all week. Finally she said to Timmy, 'Have you noticed that lady following us to school all week... Do you know her?'

Timmy nonchalantly replied, 'Yeah, I know who she is.'

The little girl said, 'Well, who is she?'

'That's just Shirley Goodnest, 'Timmy replied, 'and her daughter Marcy.'

'Shirley Goodnest...! Who is she and why is she following us?'

'Well,' Timmy explained, 'every night my Mum makes me say the 23rd Psalm with my prayers, 'cuz she worries about me so much. And in the Psalm, it says, ' Shirley Goodnest and Marcy shall follow me all the days of my life', so I guess I'll just have to get used to it.'



The 50's
**SMART
PHONE**

Never lost.

One finger dialling.

Easy colour choosing.

Never a dead battery.

Universally recognised ringtone.

Socialise through your party line.

No scamming, if the phone rings it is someone you know.

The contact list can be stored inside a matchbook cover slid under the phone.

Muting simply performed with your palm. (Left or right handed).

No complicated family plan, just one device services the entire household.

All messages left will be found hanging on the refrigerator.

And now for something a little different - something to brighten your day!

A group of professional people posed this question to a group of 4 to 8 year-olds,
'What does love mean?'

The answers they got were broader, deeper, and more profound than anyone could have ever imagined!

'When my grandmother got arthritis, she couldn't bend over and paint her toenails anymore... So my grandfather does it for her all the time, even when his hands got arthritis too. That's love.' Rebecca - age 8

'When someone loves you, the way they say your name is different. You just know that your name is safe in their mouth.' Billy - age 4

'Love is when a girl puts on perfume and a boy puts on shaving cologne and they go out and smell each other.' Karl - age 5

'Love is when you go out to eat and give somebody most of your French fries without making them give you any of theirs.' Chrissy - age 6

'Love is what makes you smile when you're tired.' Terri - age 4

'Love is when my mummy makes coffee for my daddy and she takes a sip before giving it to him, to make sure the taste is OK.' Danny - age 8

'Love is what's in the room with you at Christmas if you stop opening presents and just listen.' Bobby - age 7

'If you want to learn to love better, you should start with a friend who you hate.' Nikka - age 6

'Love is like a little old woman and a little old man who are still friends even after they know each other so well.' Tommy - age 6

'During my piano recital, I was on a stage and I was scared. I looked at all the people watching me and saw my daddy waving and smiling. He was the only one doing that. I wasn't scared anymore.' Cindy - age 8

'My mummy loves me more than anybody. You don't see anyone else kissing me to sleep at night.' Clare age 6

'Love is when Mummy gives Daddy the best piece of chicken.' Elaine - age 5

'Love is when your puppy licks your face even after you left him alone all day.' Mary Ann - age 4

'I know my older sister loves me because she gives me all her old clothes and has to go out and buy new ones.' Lauren - age 4

'When you love somebody, your eyelashes go up and down and little stars come out of you.' Karen - age 7

'Love is when Mummy sees Daddy on the toilet and she doesn't think it's gross...' Mark - age 6

'You really shouldn't say 'I love you' unless you mean it. But if you mean it, you should say it a lot. People forget.' Jessica - age 8

And the final one:

The winner was a 4 year old child whose next door neighbour was an elderly gentleman who had recently lost his wife. Upon seeing the man cry, the little boy went into the old gentleman's yard, climbed onto his lap, and just sat there. When his mother asked what he had said to the neighbour, the little boy said, 'Nothing, I just helped him cry.'

Tamahere Retirement Village – Calendar of Events – August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Colour Coding Green Exercise Groups Black Church Services Red Groups, Trips (Shopping etc), Games Blue Health Clinics (Podiatry, Ear Clinics etc) Purple Vision Impaired Group		1 9.15 Lawn Bowls 10.30 Chartwell 11.0 Catholic Mass /C (Mons Frank)	2 9.15 Sit & be Fit/CC 10.30 New World 7.00 Pool/CC	3 PODIATRIST HERE 9.15 Lawn Bowls 10.30 VIG Coffee/CC 1.30 Bingo/cc 4.0 BYO Social Evening/CC	4 9.15 Back Strength/CC 10.0Knit&Natter/HDL	5 10.0 Petanque– nrV28
6 4.00 Service in Wesley Chapel led by Rev. Dr Susan Thompson (Peace Sunday)	7 9.15 Seated Exercises/CC 10.30 Card Making/CC 1pm Board Games, Pool/CC 2.30 Walking Gp/CC	8 9.15 Lawn Bowls 10.30 Chartwell	9 9.15 Sit & be Fit/CC 10.30 New World 7.00 Pool/CC	10 9.15 Lawn Bowls 10.30 VIG Mtg /HDL 1.30 Bingo/cc 3.00 Book Club /cc 4.0 BYO Social Evening/CC	11 9.15 Back Strength/CC 10.0Knit&Natter/HDL	12 10.0 Petanque– nrV28 11.0 Catholic Liturgy /C (Sue Kenrick)
13 4.00 Worship in Wesley Chapel led by Rev. Shelley Walker	14 9.15 Seated Exercises/CC 1pm Board Games, Pool/CC 2.30 Walking Gp/CC	15 9.15 Lawn Bowls 10.30 Chartwell 11.0 Catholic Mass /C (Mons Frank)	16 9.15 Sit & be Fit/CC 10.30 New World 11.00 Holy Communion/(Rev. Dr Susan Thompson) 7.00 Pool/CC	17 9.15 Lawn Bowls 10.30 VIG Coffee/CC 1.30 Bingo/cc 4.0 BYO Social Evening/CC	18 9.15 Back Strength/CC 10.0Knit&Natter/HDL	19 10.0 Petanque nr V28
20 4.00 Worship in Wesley Chapel led by Rev. Tau Lasi	21 9.15 Seated Exercises/CC 10.30 Card Making/CC 1pm Board Games, Pool/CC 1.30 No8 Tours Presentation /CC 2.30 Walking Gp /CC	22 9.15 Lawn Bowls 10.30 Chartwell	23 9.15 Sit & be Fit/CC 10.30 New World 7.00 Pool/CC	24 9.15 Lawn Bowls 10.30 VIG Coffee/CC 1.30 Bingo/cc	25 9.15 Back Strength/CC 10.0Knit&Natter/HDL 3.30 Happy Hour /CC	26 10.0 Petanque nr V28 11.0 Catholic Liturgy (Lynn Fromont) 2.00 Mandarin Youth Group /CC
27 4.00 Worship in Wesley Chapel led by Rev. Metui Tafuna	28 9.15 Seated Exercises/CC 1pm Board Games, Pool/CC 2.30 Walking Gp /CC	29 9.15 Lawn Bowls 10.30 Chartwell	30 9.15 Sit & be Fit/CC 10.30 New World 7.00 Pool/CC	31 9.15 Lawn Bowls 10.30 VIG Coffee/CC 1.30 Bingo/cc 4.0 BYO Social Evening/CC	cc = Small Lounge in Cherry Blossom Centre CC = Cherry Blossom Centre and Cafe C = Wesley Chapel HDL= Harakeke Downstairs Lounge	