



Welcome to the
TAMAHERE VISTA
January 2025



SHOPPING IN THE NEW YEAR

Regular shopping trips will start again on Wednesday 8 January to New World, and on Tuesday 7 January to Chartwell.

CAFÉ

The Community centre will be closed for refurbishment Monday 23rd and Tuesday 24th December – it will be open for the Christmas Day lunch on Wednesday 25th, open for limited service on Thursday 30th, Friday 31st December, Closed on 1 and 2 January (Public Holidays) and open again for limited service on Friday 3 January. Normal service resumes Monday 6th January.

RECEPTION

Reception will be closed on the Public Holidays (25, 26 December and 1 and 2 January).

RUBBISH COLLECTIONS

Villa residents are asked to put out their household rubbish **and** garden waste on **Tuesday 24th and Tuesday the 31st December**. Everything will be collected on those days as the Wednesday and Thursday are public holidays. Please note that there won't be any gardeners on site on Christmas Day, 25th, Boxing Day 26th or the Friday 27th December.

VALET DRYCLEANERS

Valet Drycleaners will be closing down for the Christmas season from Saturday 21 December 2024 until Monday 6 January 2025. The last pick-up service for Tamahere Eventide will be on Tuesday 17 December returning the drycleaning on Thursday 19 December. Please call the store on 07 8476492 to arrange a pick up.

Zumba with Lesley

Tamahere Eventide Retirement Village is inviting all villa residents to attend an introductory Zumba class for FREE! Zumba has plenty of health benefits such as lowering blood pressure, managing cholesterol level, toning of many muscle groups, encouraging social interaction and improving over-all wellbeing.



The Zumba session will be facilitated by Lesley Tatler who is a licensed Zumba instructor. For those who are interested to join, kindly add your name to the list outside Karen's office, or call Rosalyn on 07 856 5162. We will follow up about the schedule of her Zumba class once the list of residents attending

On behalf of the Village and Café staff, we wish you a very merry Christmas and a happy new year. See you all next year!!

- Karen



Tamahere Retirement Village – Calendar of Events – January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
cc = Small Lounge in Community Centre CC = Community Centre C = Wesley Chapel HDL = Harakeke Downstairs Lounge				Colour Coding Green Exercise Groups Red Groups, Trips (Shopping etc), Games Black Church Services Blue Health Clinics (Podiatry, Ear Clinics etc) Purple Vision Impaired Group		
			1 NEW YEAR'S DAY CAFÉ CLOSED	2 CAFÉ CLOSED 9.15 Lawn Bowls	3 9.15 Standing Balance Exercises /CC 10.30 New World	4 10.0 Petanque– near V28
5 4.00 Worship in Wesley Chapel led by Rev. Dr Susan Thompson 5.0 Summer BBQ on Café Deck	6 28 Bus service restarts 9.15 Seated cardio-endurance exercises/CC 1 pm Board Games, Pool/CC 7.00 Indoor Bowls	7 9.15 Lawn Bowls 10.30 Chartwell 6.15 Twilight Bowls	8 9.15 Strengthening Exercises with dumb bells /CC 10.30 New World 7.00 Pool/CC	9 PODIATRIST HERE 9.15 Lawn Bowls 10.30 VIG Meeting/HDL	10 9.15 Core back exercises with mat /CC 10.0 Knit & Natter/HDL	11 10.0 Petanque nr V28
12 4.00 Worship in Wesley Chapel led by Nan Russell 5.0 Summer BBQ on Café Deck	13 9.15 Seated cardio-endurance exercises/CC 1 pm Board Games, Pool/CC 7.00 Indoor Bowls	14 9.15 Lawn Bowls 10.30 Chartwell 6.15 Twilight Bowls	15 9.15 Strengthening Exercises with dumb bells /CC 10.30 New World 7.00 Pool/CC	16 9.15 Lawn Bowls 10.30 VIG Meeting/HDL	17 9.15 Standing Balance Exercises /CC 10.0 Knit & Natter/HDL	18 10.0 Petanque nr V28
19 4.00 Worship in Wesley Chapel led by Mary West 5.0 Summer BBQ on Café Deck	20 9.15 Seated cardio-endurance exercises/CC 1 pm Board Games, Pool/CC 7.00 Indoor Bowls	21 9.15 Lawn Bowls 10.30 Chartwell 6.15 Twilight Bowls	22 9.15 Strengthening Exercises with dumb bells /CC 10.30 New World 7.00 Pool/CC	23 9.15 Lawn Bowls 10.30 VIG Meeting/HDL	24 9.15 Core back exercises with mat /CC 10.0 Knit & Natter/HDL	25 10.0 Petanque nr V28 11.0 Catholic Liturgy /C
26 4.00 Worship in Wesley Chapel led by Rev. Barry Neal 5.0 Summer BBQ on Café Deck	27 ANNIVERSARY DAY 1 pm Board Games, Pool/CC 7.00 Indoor Bowls	28 9.15 Lawn Bowls 10.30 Chartwell 6.15 Twilight Bowls	29 9.15 Strengthening Exercises with dumb bells /CC 10.30 New World 7.00 Pool/CC	30 9.15 Lawn Bowls 10.30 VIG Meeting/HDL 3.00 Happy Hour /CC	31 9.15 Standing Balance Exercises /CC 10.0 Knit & Natter/HDL	